

MED-A-GRAM

Spring 2012

NEBRASKA

Society of
Medical Assistants



AN AFFILIATE OF THE
AMERICAN ASSOCIATION OF MEDICAL ASSISTANTS



I AM A CERTIFIED MEDICAL ASSISTANT

"Who I am makes a difference."

★ **Grand Island**

★ **Great Plains**

★ **Hastings**

★ **Lincoln**

★ **Omaha**
(2012 State Conference)

Important Registration Information

Enclosed the 2012 NSMA Conference Registration Page 5

See the list of Newly Certified Medical Assistants Page 12

**Delegates Reports from the AAMA National Conference
In Indianapolis, Indiana Page 18**

A publication of the
Nebraska Society of Medical Assistants



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VOLUME 32 ISSUE 1
Spring 2012

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Official Publication of the Nebraska Society
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All statements or comments in the Med-A-Gram
are the opinions or statement of the writer and are
not necessarily the opinion of the Nebraska
Society of Medical Assistants or American
Association of Medical Assistants.

Information contained within is meant to be
informative, enlightening and helpful, but is subject
to change.

American Association of Medical Assistants

www.aama-ntl.org

1-800-228-2262

Table of Contents

2012 NSMA Conference Information	2
2012 NSMA Conference Registration	5
Letter from the President	7
2011-2012 NSMA Elected and Voluntary Board Members	8
Contacting the American Association of Medical Assistants (AAMA)	10
Newly Certified & Recertified Medical Assistants	12
CAAHEP & ABHES Accredited Colleges in Nebraska	13
Informing You for a Better You	14
2011 AAMA National Conference Report (condensed) & Photos	18

*If you would like a membership packet sent to a fellow Medical Assistant,
contact the NSMA Membership Chairman:*

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mace_holly@6691@yahoo.com

h) 308.383.3071
w) 308.382.1100
d) 308.385.0782

Conference Information

Nebraska Society of Medical Assistants

CMAAs (AAMA) and other Medical Office Personnel

You are invited to attend the 46th annual Nebraska Society of Medical Assistants (NSMA) Conference ***“Improving Healthcare through Education”***. The Conference will be held at the Omaha Marriott at 10220 Regency Circle in Omaha, NE on Friday, April 20 - Saturday, April 21, 2012.

The NSMA Conference Agenda, Registration and Hotel Reservation forms are attached. Note that you have the option of full registration, which is your best deal, or individual days. There will be twelve (12) hours of AAMA approved CEUs offered.

To obtain the special conference room rate, the deadline for room reservations is Friday, March 30, 2012. A complimentary breakfast buffet is included for all hotel registered conference attendees. Meals included with registration include the Friday Luncheon, Friday evening Dinner and the Saturday Awards Luncheon.

A special invitation is extended to all first time conference attendees, nonmembers and medical assisting students. There will be members, including our AAMA National Representative, available to answer any questions regarding the tri-level organization.

Plan to attend the House of Delegates on Friday evening. This is the annual business meeting of the organization and a perfect opportunity to learn how the organization functions.

Included in the Conference will be the Awards Ceremony & Installation of the newly elected officers at the Saturday Luncheon. Plan to participate in the NSMA Raffle and view the Exhibits, including the “Fun”draising Booths.

Make a note for your personal comfort – dress in layers. Attire is casual business for all functions. NO jeans, sweats or scrubs. Alcoholic beverages, illicit drugs and smoking are prohibited during conference sponsored events. Photos taken throughout the conference may be utilized in NSMA media. Brochures will be available at the conference outlining local area events in the City of Omaha if you wish to stay over on Sunday to enjoy.

Please distribute this invitation to others who may also want this opportunity to receive continuing education.

Tracy Bednar, CMA (AAMA), LRT
2012 NSMA Conference Chair

Linda Allensworth, CMA (AAMA), CPC
2012 NSMA Conference Vice Chair

Conference Agenda

**46th Annual NSMA Conference
Omaha Marriott
“Improving Healthcare Through Education”
April 20 – 21, 2012
AGENDA**

Friday, April 20, 2012

6:30 AM - 7:30 AM	BREAKFAST (REGISTERED HOTEL GUESTS ONLY)*
7:00 AM – 9:00 AM	REGISTRATION
7:30 AM – 9:00 AM	PRECONFERENCE NSMA BOARD MEETING
9:30 AM - 11:30 AM	EDUCATION SESSION: “Health Information Exchange in Support of Meaningful Use Stage 2 & 3” Deb Bass, Bass & Associates, Inc. The participant will learn the most recent developments in NEHii, how it supports the requirements of the ONC, consumer aspects of HIE and what impact the new healthcare changes will have. (2 AAMA CEUs-A,G)
11:45 AM - 12:45 PM	EDUCATION SESSION: “Pelvic Floor Disorders: When the Floor Falls” Rebecca McCrery, MD By attending this presentation, the participant will receive a basic understanding of the anatomy involved in pelvic floor disorders and the surgical and nonsurgical treatment options that are available. (1 AAMA CEU-C)
12:45PM – 1:30 PM	LUNCHEON
1:30 PM - 2:30 PM	EDUCATION SESSION: “E&M Selection: Documentation Requirements in the Office Setting” Karen Deitchler, CPC Learn the difference of the individual elements between the 1995 & 1997 Guidelines, requirements for each level of service & what information can be obtained from ancillary staff. (1 AAMA CEU-A,G)
3:00 PM - 5:00 PM	EDUCATION SESSION: “Medical Office Blood Collections . . . Doing It Right From Identification to Analysis” Marjorie DiLorenzo, MT (ASCP), SH (ASCP) This session will cover the importance of correct patient identification, specimen labeling and complications that may arise. (2 AAMA CEUs-C, G)
5:00 PM – 6:00 PM	DINNER
6:30 PM – 8:30 PM	HOUSE OF DELEGATES

Saturday, April 21, 2012

6:30 AM – 7:30 AM	BREAKFAST (REGISTERED HOTEL GUESTS ONLY)*
7:00 AM – 7:45 AM	REGISTRATION
8:00 AM - 9:00 AM	EDUCATION SESSION: “My Brain Aches” Sina Linman, RN, ARNP, BSN, MSN, CPNP By attending this session, the participant will learn common causes for headaches, treatments and signs for concern. (1 AAMA CEU-C, G)
9:00 AM - 10:00 AM	EDUCATION SESSION: “The Short Circuit In My Head” Richard V. Andrews, MD This session will highlight the different types of seizures and when a decision for surgery is indicated verses medication treatment. (1 AAMA CEU-C, G)
10:30 AM - 11:30 AM	EDUCATION SESSION: “HIV Education: Causes, Symptoms & Treatments” Ann P. Fitzgerald, NP, BSN, ASN By attending this session, the participant will learn the symptoms of Aids, community awareness of both HIV & Aids and the latest treatments. (1 AAMA CEU-C,G)
11:30 AM – 1:30 PM	AWARDS LUNCHEON
1:30 PM - 3:00 PM	EDUCATION SESSION: “The Heat is On - - Myths & Management Of Menopause” Toby Marshall, MD The participant will learn the natural history and health impacts of menopause as well as current management treatment options. (1.5 AAMA CEUs-C, G)
3:30 PM - 5:00 PM	EDUCATION SESSION: “The Healthcare Environment and Compliance” Mary Thomas, RHIT, CPC By attending this presentation, the participant will understand the recent advances in technology, the need for increased services as well as insurance regulations and current insurance fraud and abuse. (1.5 AAMA CEUs-A,G)
5:15 PM – 6:45 PM	POST CONFERENCE NSMA BOARD MEETING

Education Sessions are subject to change without written notice

*Room reservation required the night before to receive breakfast voucher

Registration Form

"IMPROVING HEALTHCARE THROUGH EDUCATION"

Nebraska Society of Medical Assistants 46th Annual Conference Registration

Friday, April 20, 2012 - Saturday, April 21, 2012

Name:		Credentials:	
Address:			
City:		State & ZIP:	
Email:		Phone:	
Chapter:		AAMA ID or SS#:	
1. <input type="checkbox"/> Yes <input type="checkbox"/> No Is this your 1 st NSMA Conference? 2. <input type="checkbox"/> Yes <input type="checkbox"/> No Are you a past State President? 3. <input type="checkbox"/> Yes <input type="checkbox"/> No Are you a Newly Certified CMA (AAMA) within the past 12 months? 4. <input type="checkbox"/> Yes <input type="checkbox"/> No Have you Recertified your CMA (AAMA) credential since April of 2011?			

FULL TWO DAY REGISTRATION (12 CEUs and Three meals)

- ☐ Members (meals & educational sessions) \$120.00
- ☐ Non-Members (meals & educational sessions) \$200.00
- ☐ Students (meals & educational sessions) \$ 95.00
- ☐ Students (educational sessions only) \$ 25.00

FRIDAY ONLY (6 CEUs and Two meals)

- ☐ Members (meal & educational sessions) \$ 90.00
- ☐ Non-Members (meal & educational sessions) \$120.00
- ☐ Students (meal & educational sessions) \$ 75.00
- ☐ Students (educational sessions only) \$ 15.00

SATURDAY ONLY (6 CEUs and One meal)

- ☐ Members (meal & educational sessions) \$ 70.00
- ☐ Non-Members (meal & educational sessions) \$100.00
- ☐ Students (meal & educational sessions) \$ 55.00
- ☐ Students (educational sessions only) \$ 15.00

OPTIONS

- ☐ GUEST Friday Lunch Ticket _____ @ \$30.00
- ☐ GUEST Friday Dinner Ticket _____ @ \$30.00
- ☐ GUEST Saturday Awards Lunch Ticket _____ @ \$30.00
- ☐ LATE FEE for Registration _____ @ \$ 30.00
(If Postmarked after April 10, 2012)

TOTAL \$ _____

To provide accurate meal counts, please check the following:

- ☐ I plan on attending the Friday Lunch meal
- ☐ I plan on attending the Friday Dinner meal
- ☐ I plan on attending the Saturday Awards luncheon

Registration Deadline is

April 6, 2012.

No Refunds after April 13, 2012.

Make Check Payable To:

2012 NSMA CONFERENCE

Mail Check and Registration To:

Jan Frederick, CMA (AAMA)
7217 N 74th St
Omaha, NE 68122
(402) 932-8561

NSMA Conference Contacts:

Tracy Bednar, CMA (AAMA), LRT
(402) 779-4024

jamietracybednar@msn.com

or

Linda Allensworth, CMA (AAMA), CPC
(712) 484-3446
callensw@frontiernet.net

The continuing education sessions at this conference have been approved by the AAMA for CEUs. Granting approval in no way constitutes endorsement by the AAMA of either the program's content or facilitator.

Photos taken throughout the conference may be utilized in NSMA media.

**For those staying at the Hotel –
Free Breakfast Buffet
available at the Chophouse
from 6:30AM-7:30AM**

Hotel Reservation Information

2011 NSMA Conference
“Improving Healthcare Through Education”
Friday, April 20 – Saturday, April 21, 2012

Omaha Marriott
10220 Regency Circle
Omaha, NE 68114
(402) 399-9000 (800)228-9290

Hotel Reservation Information

Rates: \$89.00 for single or double
(plus applicable state and local taxes 18.16%)

A block of rooms are reserved for the Nebraska Society of Medical Assistants until 3/30/2012. Specify NSMA Conference when making reservation.

CHECK IN: 3:00 PM CHECK OUT: 12:00 NOON

COMPLIMENTARY ONSITE PARKING

Complimentary Services: Internet in all Guest Rooms/Lobby
Local Area Shuttle – 5 mile radius of hotel, limited hours

For reservations, map and driving instructions, go to:

<http://www.marriott.com/hotels/travel/OMAWE?groupCode=NSMNSMA&app=resvlink&fromDate=4/19/12&toDate=4/21/12>

Local area attractions: Boys Town, Omaha Henry Doorly Zoo, Regency Court Shopping, Old Market, SAC Museum, Westroads Shopping Mall (check hotel shuttle service)

Letter From The President



My role as president of the Nebraska Society of Medical Assistants will soon come to an end. I have enjoyed my term as your president. I was apprehensive of this position, but with the knowledge of the “great” Board Members this year, I survived. I have learned a lot about our organization and I know I still have a lot to learn. I would like to personally thank each member of my NSMA Board and each member of my local chapter for their support this year.

I encourage every member to get involved with their local chapters as well as on the state level. We need new volunteers with great ideas to move our society into the future. You have more knowledge as CMAs than you think; put it to use, volunteer now – “you can do it” and you will be glad that you did.

Janet Ueding CMA, LRT
2011-2012 President of the Nebraska Society of Medical Assistants

NSMA Conference Updates

2012 NSMA’s 46th Annual Conference, hosted by the Omaha Chapter
Conference Chair is Tracy Bednar, CMA (AAMA), LRT Omaha, Nebraska

2013 NSMA’s 47th Annual Conference, hosted by the North Platte Chapter
Conference Chair is Andrea (Andy) Stewart, MLT, CMA (AAMA) 308-386-6074

2014 NSMA’s 48th Annual Conference, hosted by the Hastings Chapter

2011-2012 NSMA Officers



The 2011-2012 elected NSMA Officers: Vice Speaker of the House Michel McKinney, CMA (AAMA), Speaker of the House Leigh Perez, CMA (AAMA), Secretary Andy Stewart, CMA (AAMA), Immediate Past President Jeannie Nagel, CMA (AAMA), BSHCM, Vice President Lori Kounovsky, CMA (AAMA), President Janet Ueding, CMA (AAMA), LRT, (not pictured Treasurer Linda Allensworth, CMA (AAMA), CPC)

PRESIDENT

Janet Ueding, CMA (AAMA), LRT
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4367 W Capital Ave Grand Island, NE 68803 308-382-0808 lisahoffman0624@msn.com	Grand Island Clinic 2444 W Faidley Ave Grand Island, NE 68803 308-382-1100, ext 150 Fax 308-385-0789
---	--

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210 E 6th St Hastings, NE 68901 402-461-3130 breezer522@charter.net	OBGYN 2115 N Kansas Ave Hastings, NE 68901 402-463-6793 Fax 463-6894
--	--

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2607 Cochin St Grand Island, NE 68801-7664 mace_holly@6691@yahoo.com	h) 308.383.3071 w) 308.382.1100 d) 308.385.0782
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PUBLIC POLICY
Laura Blankenship, CMA-C (AAMA)

25125 S Windy Bluff LN Arlington, NE 68002 402-478-5684	American Cancer Society Public/Professional Education Services Washington County Unit
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NSMA 2011-2012 Chapter Presidents

GRAND ISLAND	Brenda Gautier, CMA (AAMA)	bkgautier@wild4music.com
GREAT PLAINS	Andrea Stewart, CMA (AAMA), MLT	mahkj@gpcom.net
HASTINGS	Wendy Judy, CMA (AAMA)	breezer522@charter.net
LINCOLN	Katie Arnold, CMA (AAMA) RDMS	brdr_grlx2@yahoo.com
OMAHA	Terrie King, CMA (AAMA)	terriek1@hotmail.com
OMAHA	Tracy Bednar, CMA (AAMA), LRT	jamietracybednar@msn.com

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Linda Allensworth, CMA (AAMA), CPC
PO Box 283
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712-484-3446
c) 402-740-1164
callensw@frontiernet.net

Thank You

- To the 2011-2012 State Medical Advisory Board:
- To the 2011-2012 elected and volunteering members of NSMA State Board and local chapters.
- To the 2011-2012 elected and volunteering members of the AAMA.

Without the support from members like you, our organization would not continue to grow.

AAMA Information

Contact Information

American Association of Medical Assistants

20 NORTH WACKER DRIVE, STE 1575 • CHICAGO, ILLINOIS, 60606-2903

TOLL FREE 1-800-228-2262 • FAX 1-312-899-1259

What is the purpose of the AAMA?

The purpose of the American Association of Medical Assistants (AAMA) is to enable medical assisting professionals to enhance and demonstrate the knowledge, skills and professionalism required by employers and patients; protect medical assistants rights to practice; and promote effective, efficient health-care delivery through optimal use of multiskilled CMAs (AAMA).

Have questions about the AAMA and its services? Visit the Web site at www.aama-ntl.org. Use this address to request a transcript of your CEUs on line from the Continuing Education Registry after November 1, 2000. You

will need your ID number to access your information. This number is found on the mailing label of your CMA today magazine.

Membership: Need to notify us of your change of address so you will get your CMA Today on time. E-mail your member ID number, old and new address and phone numbers to the membership staff at membership@aama-ntl.org. Also, e-mail any question regarding your membership status, dues, benefits and services.

Certification: Need a CMA exam application? E-mail a request and your mailing address to certification@aama-ntl.org. Send your certification questions this way also.

Continuing Education and Re-certification by CE: If you have any question about CEUs, program approval or recertifying by the CE method, e-mail them to ContED-Recert@aama-ntl.org.

Accreditation: Need to find out about getting a medical assisting program accredited? E-mail your questions to accreditation@aama-ntl.org.

Conferences: Want to find out more about AAMA's upcoming convention or Med Expo Exhibition? Send an e-mail to convention@aama-ntl.org.

Communications: Do you have a question or comment about the CMA Today? Send an e-mail to CMAToday@aama-ntl.org.

If you would like more information on the NSMA or a membership packet sent to a fellow Medical Assistant, contact the NSMA Membership Chairman

Holly Mace, CMA (AAMA)

2607 Cochin St

Grand Island, NE 68801-7664

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h) 308.383.3071

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d) 308.385.0782

Student Buzz

"I want to be a *medical assistant*

MEDICAL ASSISTING STUDENT VIDEO & ESSAY COMPETITION

because..."

What made you want to become a medical assistant? Interest in the medical field? A desire to help others? Tell us!

Produce a short video or write an essay titled "I want to be a medical assistant because..." and send it in.

Your entry could win \$500!

(Sponsored by textbook publisher F.A. Davis.)

Your audience: Potential medical assisting students. Who better to tell them about entering the medical assisting profession than you!

Your pitch: Your story should inspire others to consider the profession and aspire to achieve the CMA (AAMA) credential.

Your judges: The AAMA Communications and Marketing Department

Your deadline: July 1, 2012

How to get started: Think about what you would say to a friend or an acquaintance to encourage them in pursuing medical assisting as a profession. Why did you choose it as your career path? Then, think about what you would tell this person about going after that CMA (AAMA) credential. What kind of professional edge does the credential provide?

Eligibility: You are eligible to enter if you enrolled in and have completed at least one quarter or semester at a postsecondary medical assisting program accredited by the Commission on Accreditation of Allied Health Education Programs (CAAHEP).

Submission requirements

Essay

- Send as an attachment via e-mail to communications@aama-ntl.org (Include the information from the form below in your e-mail message.)
- Length: 400–500 words
- Save in Microsoft Word .doc or .docx format

Video

- Must be submitted as a video file (.avi, .mpeg, .wmv, .mp4, .mov) on DVD (3 copies required)
- Length: 3-minute maximum
- No limit on number of actors in video

Judging criteria

- Essay entries will be judged based on writing quality, content, and overall effectiveness.
- Video entries will be judged on quality of production, content, and overall effectiveness.

Entries that do not meet all the submission requirements will automatically be disqualified. All entries become the property of the AAMA and will not be returned.

Essay entry: See submission requirements above.

Video entry: Fill out this form, detach it, and mail it by **July 1, 2012** with your entry to the AAMA.

Full name: _____

Academic institution address: _____

Address: _____

Academic institution city/state/ZIP: _____

City/state/ZIP: _____

Educator's name: _____

Daytime phone number: _____

E-mail address: _____

The academic institution name of your medical assisting program: _____



AMERICAN ASSOCIATION
OF MEDICAL ASSISTANTS
20 N. WACKER DR., STE. 1575
CHICAGO, ILLINOIS 60606

website: www.aama-ntl.org

800/228-2262



Newly Certified Medical Assistants

The Nebraska Society of Medical Assistants would like to acknowledge the following Certified Medical Assistants who passed their certification exam from February 2011 to September 2011

Newly Certified:

Shea Maria Markley, CMA (AAMA)	Omaha	Heather Ann Pijanowski, CMA (AAMA)	Omaha	Lisa M. DeWeese, CMA (AAMA), LRT	Gretna
Stephanie Joyce Leal, CMA (AAMA)	Lincoln	Deanna M. Douglas, CMA (AAMA)	Auburn	Sarah Marie Haines, CMA (AAMA)	Plattsmouth
Cassandra D. Schroder, CMA (AAMA)	Palmyra	Chelsea Jordan Kraus, CMA (AAMA)	Lincoln	Aneetra L Wilburn, CMA (AAMA)	Omaha
Stephanie L Duley, CMA (AAMA)	Lincoln	Dilma H Dillbreen, CMA (AAMA)	Lincoln	Tammy L Swanson, CMA (AAMA)	Omaha
Karen L Anderson, CMA (AAMA)	Seward	Chyrel Lyn Kritikos, CMA (AAMA)	Lincoln	Michaela L. McMorris, CMA (AAMA)	Omaha
Christine M Goodson, CMA (AAMA)	Bellevue	Shawn S Schweitzer, CMA (AAMA)	Lincoln	Dawn Michelle Liberty, CMA (AAMA)	Bellevue
Steven V Gill, CMA (AAMA)	Omaha	Jennifer K Newell, CMA (AAMA)	Omaha	Cindy Rose Miller, CMA (AAMA)	Lincoln
Stephanie A. Gehle, CMA (AAMA)	Lincoln	Shannon Leigh Goodman, CMA (AAMA)	Omaha	Renae Ann Mason, CMA (AAMA)	Adams
Sara Christine Harrahill, CMA (AAMA)	Lincoln	Lorraine Janico Fontanez, CMA (AAMA)	La Vista	Andrea C. Stewart, CMA (AAMA)	Sutherland
Britnie Leigh Taylor, CMA (AAMA)	Lincoln	Melissa L Francis, CMA (AAMA)	Omaha	Barbara S Carter, CMA (AAMA)	Grand Island
Jessica Lynn Ryan, CMA (AAMA)	Lincoln	Lillian Sarah James, CMA (AAMA)	Omaha	William S Sudol, CMA (AAMA), CMM	Bellevue
Mandy S. Putnam, CMA (AAMA)	Kearney	Janet L. Gerner, CMA (AAMA)	Lincoln	Katherine M Opheim, CMA (AAMA)	Omaha
Becky Eileen Smith, CMA (AAMA)	Greenwood	Heather R. Ball, CMA (AAMA)	Lincoln	William K Warner, CMA (AAMA)	Omaha
Bernice J. Phillips, CMA (AAMA)	Lincoln	Susan M Ramsey, CMA (AAMA)	Omaha	Sherri L. Martin, CMA (AAMA), LR	Lincoln
Christina Lynn Leise, CMA (AAMA)	Valparaiso	Nicole Rae Mroz, CMA (AAMA)	Lincoln	Pam Ondracek CMA (AAMA)	Wolbach
Gina M Fette, CMA (AAMA)	Martell	Nichole C. Rollins, CMA (AAMA)	Kearney	Patricia Ann Bond CMA (AAMA)	Plattsmouth
Mercy L. Mtika, CMA (AAMA)	Hastings	Ebony DeShawn Keys, CMA (AAMA)	Lincoln	Katrina Marie Eggers CMA (AAMA) LRT	Fremont
Mildred E. Lott, CMA (AAMA)	Lincoln	Amy Jo Kellogg, CMA (AAMA)	Utica	Deidra Jo Parker CMA (AAMA)	Hickman
Carmen J. Schreiter, CMA (AAMA)	Dunbar	Bernadette Patrick, CMA (AAMA)	Omaha	Laura Ann Summers CMA (AAMA)	Lincoln
Jamie Katherine Vasquez, CMA (AAMA)	Lexington	Shaine M Dickinson, CMA (AAMA)	Lincoln	Ashley Stovall CMA (AAMA)	Eagle
Heather A. Hunt, CMA (AAMA)	David City	Jo Ellen DeCesare, CMA (AAMA)	Fort Calhoun	Meagan M. Koch CMA (AAMA)	Lincoln
Bambi S. LaPage, CMA (AAMA)	Dwight	Carole J. Roper, CMA (AAMA)	Omaha	Angela L Frain CMA (AAMA)	Lincoln
Sharon K Johnson, CMA (AAMA)	Omaha	Lisa Marie Glassburner, CMA (AAMA)	Omaha	Glenda Jean Gatzemeyer, CMA (AAMA)	Pender
Cari L MacLeod, CMA (AAMA)	Omaha	Jacquelyn Rene Preble, CMA (AAMA)	Omaha	Janet L Ueding, CMA (AAMA)	Tekamah
Ashley Nicole Fencil CMA (AAMA)	Bellevue	Sandra Rodriguez, CMA (AAMA)	Omaha	Janice Marie Bechtold, CMA (AAMA)	Cedar Bluffs
Linda J Guehring CMA (AAMA)	Omaha	Bobbie S Caudill, CMA (AAMA)	Bellevue	Leslie A Batt, CMA (AAMA)	Melbeta
Wendi Lea Patton CMA (AAMA)	Weeping Water	Sara Kennedy, CMA (AAMA)	Omaha	Jean M. Casale, CMA (AAMA)	Bennington
Kailey Lynn Swanson CMA (AAMA)	Lincoln	Mary E Blakeman, CMA (AAMA)	Omaha	Margaret M Ostgaard, CMA (AAMA)	Lincoln
Troy A Hettenbaugh CMA (AAMA)	Lincoln	Ona Tuavara Ramsey, CMA (AAMA)	Omaha	Clarissa Jo Stuhr, CMA (AAMA)	Petersburg
Ashley Nichole Austin CMA (AAMA)	Elkhorn	Julie Louise Prentis, CMA (AAMA)	Bellevue	Shameka M Starks, CMA (AAMA)	Omaha
Carol R Casper CMA (AAMA)	Fremont	Melissa Nicole Edwards, CMA (AAMA)	Omaha	Kendra R Yurka, CMA (AAMA)	Panama
Kelsey Ann Edgerton CMA (AAMA)	Omaha	Dawn Lynn Black, CMA (AAMA)	Omaha	Courtney Ann Luther, CMA (AAMA)	Omaha
Megan Elizabeth Herrmann CMA (AAMA)	Omaha	Emily Anne Erwin, CMA (AAMA)	Omaha	Danelle K. Oliver, CMA (AAMA)	Lincoln
Nicole L Jennings CMA (AAMA)	Omaha	Heather J Holling, CMA (AAMA)	Omaha	Allyson A Sommer, CMA (AAMA)	Beatrice
Joey P Bruner CMA (AAMA)	Omaha	Bridget R Massey, CMA (AAMA)	Omaha	Alecia D. Tolbert, CMA (AAMA)	Omaha
Regina A Jackson CMA (AAMA)	Omaha	Ashley Marie Tyson, CMA (AAMA)	Lincoln	Anita R. Clary, CMA (AAMA)	Fort Calhoun
Terrin Perdew CMA (AAMA)	Lincoln	Janette Louise Husk	Fremont	Rebecca L Crandall, CMA (AAMA)	Overton
Jennifer Chavez CMA (AAMA)	Elkhorn	Lani Krewson, CMA (AAMA)	Kearney	Natalie L Solberg, CMA (AAMA)	Omaha
Amanda K. Kinsella CMA (AAMA)	Bellevue	Christine Marie Menke, CMA (AAMA)	Lincoln	Renee Jean Paulson, CMA (AAMA)	Hastings
Chelsea Kay Bills CMA (AAMA)	Orleans	Tiffany Rae Jacoby, CMA (AAMA)	Omaha	Jessica Leigh Boever, CMA (AAMA)	Omaha
Shannon Marie Stolp CMA (AAMA)	Omaha	Janet Cosgrove, CMA (AAMA)	Omaha	Melissa Sue Boogerd, CMA (AAMA)	Omaha
Amy Elizabeth Market CMA (AAMA)	Hastings	Jennifer Lynne Austin, CMA (AAMA)	Papillion	Cynthia S. Owens, CMA (AAMA)	Polk
Karla L. Kumpula CMA (AAMA)	Lincoln	Nicole Meyer, CMA (AAMA)	Norfolk	Denielle Dawn Ficke, CMA (AAMA)	Milford
Sonja Renee Williams CMA (AAMA)	Omaha	Neilee Lyn Nelson, CMA (AAMA)	Doniphan	Rosie Marie Love, CMA (AAMA)	Omaha
Jasmine R Kipp CMA (AAMA)	Bertrand	Amanda Nicole Funderburk, CMA (AAMA)	Omaha	Paula S Stanek, CMA (AAMA)	Omaha
Stephanie Nicole Shandera CMA (AAMA)	Lincoln	Davena T. Lindahl, CMA (AAMA)	Bellevue	Sharon K. McKie, CMA (AAMA)	Lincoln
Rhonda K. Shelton, CMA (AAMA)	Waterloo	Teresa Marie Casteneda, CMA (AAMA)	Lincoln	Brenda Kay Gautier, CMA (AAMA)	Aurora
Heather M. Howard, CMA (AAMA)	Omaha	Melissa Ann Kelly, CMA (AAMA)	Lincoln	Jody L Bunn, CMA (AAMA)	Fremont
Ashley D. Helms, CMA (AAMA)	Lincoln	Melissa D Konig, CMA (AAMA)	Omaha	Misty D Warren, CMA (AAMA)	Gretna
Wilhelmina Qualman, CMA (AAMA)	Bellevue	Marilyn S. Shonibin, CMA (AAMA)	Lincoln	Laura E. Sowders, CMA (AAMA)	Lincoln
Jacqueline M. Goodwin, CMA (AAMA)	Lincoln			Wendy Y Zamora, CMA (AAMA)	Omaha
Tory A Persinger, CMA (AAMA)	Lincoln			Anne Rebekah Newton, CMA (AAMA)	Lincoln
Deondra M. Clark, CMA (AAMA)	Lincoln			Tamara L Zimbelman, CMA (AAMA)	Benkelman

Recertificants:

Michele Leah Guthard, CMA (AAMA), BS Omaha
Alanta C Hunt, CMA (AAMA) Omaha

We try to get the most accurate list of passing Certified Medical Assistants from the AAMA, but we may inadvertently miss someone. Do know that we are proud of each and every one of you and your accomplishments. Congratulations on a job well done.

CAAHEP & ABHES Accredited Colleges in Nebraska

CENTRAL COMMUNITY COLLEGE

Medical Assisting Program
CAAHEP Accredited: Diploma, Associate
Michel McKinney, CMA (AAMA)
Program Coordinator
PO Box 1024
Hastings, NE 68902-1024
402-461-2405
F) 402-460-2138
mmckinney@cccneb.edu

KAPLAN UNIVERSITY - LINCOLN

CAAHEP Accredited
Medical Assisting Program
Monique McCall MA, BS
Program Coordinator
1821 'K' St
Lincoln, NE 68508
402-474-5315
F) 402-474-5302
mmccall@kaplan.edu

KAPLAN UNIVERSITY - OMAHA

CAAHEP Accredited
Medical Assisting Program
Michelle Guthard, CMA (AAMA)
Program Coordinator
3350 N 90th St
Omaha, NE 68134
402-572-8500
F) 402-573-1341
mguthard@kaplan.edu

METHODIST COLLEGE

CAAHEP Accredited
Medical Assisting Program
Marcia Franklin, RN, BSN
Program Coordinator
720 N 87th St
Omaha, NE 68114-2852
402-354-7076
F) 402-354-7250
marcia.franklin@methodistcollege.edu

METRO COMMUNITY COLLEGE

CAAHEP Accredited
Medical Assisting Program
Dona Marotta, MHA, CMA (AAMA)
Program Director
P.O. Box 3777
Omaha, NE 68103
402-738-4713
F) 402-738-4554
dmmarotta@mccneb.edu

SOUTHEAST COMMUNITY COLLEGE

CAAHEP Accredited: Diploma
Medical Assisting Program
Kathy Zabel, MA, BS, RRT, LRCP
Program Coordinator
8800 'O' St
Lincoln, NE 68520
402-437-2756
F) 402-437-2404
kzabel@southeast.edu

VATTEROTT COLLEGE

ABHES Accredited
Medical Assisting Program
Valerie Ruckman, AAS, CMA (AAMA)
11818 I St
Omaha, NE 68137
402-891-9411, ext 235
F) 402-778-4036

Informing You For a Better You

Which has just 100 calories?

2 or 5 pieces of dark chocolate kisses?



2 or 3 cups of air-popped popcorn?



*Answers on next page

♥ Seeing Red

Soon it will be summer and it is a perfect time to eat more red fruits and vegetables, such as watermelon, tomatoes, and berries, in our busy schedule as a quick and light meal. In the world of fruits and veggies, red and pink colors indicate the presence of lycopene. Research suggests that lycopene is a powerful antioxidant that may help ward off prostate cancer as well as provide other health benefits (such as lower risk of heart attacks). Ongoing studies are also looking at lycopene's possible link with lower risk of lung, breast, and mouth cancers.

Top 10 foods high in lycopene:

- ♥ Tomatoes
- ♥ Watermelon
- ♥ Persimmons
- ♥ Pink and red grapefruit
- ♥ Dried Parsley and Basil
- ♥ Asparagus
- ♥ Guavas
- ♥ Carrots
- ♥ Chili Powder
- ♥ Red Cabbage

Do not Forget the Berries!



What is not to love about berries? Not only are they rich in fiber and powerful disease-fighting antioxidants, but they are delicious, too! Fresh berries are a summer pleasure, and they can be frozen so you can use them in winter to brighten your cold-weather menus. Throw some ruby-red raspberries and sweet strawberries into a blender with a banana, yogurt, and ice for a quick smoothie, toss them into your morning cereal, or simply munch on a handful of fresh berries for a fast and easy snack on-the-go.

Wisely chosen snacks can be a key to good health and nutrition while giving your body the energy boost it needs to power through a busy day. The next time a snack attack strikes, refuel with these tasty, nutrition-packed (and kid-friendly) snacks:

1. Peel a banana, dip it in yogurt, roll it in crushed cereal, and freeze.
2. Spread celery sticks with peanut butter and top with raisins.
3. Stuff a whole-grain pita pocket with ricotta cheese and Granny Smith apple slices. Add a dash of cinnamon.
4. Mix together ready-to-eat cereal, dried fruit and nuts in a sandwich bag for an on-the-go snack.
5. Smear a scoop of frozen yogurt on two graham crackers and add sliced banana to make a yummy sandwich.
6. Top low-fat vanilla yogurt with crunchy granola and sprinkle with berries.
7. Spread peanut butter on apple slices.
8. Blend low-fat milk, frozen strawberries and a banana for thirty seconds for a delicious smoothie.
9. Dip baby carrots and cherry tomatoes in low-fat ranch dressing.
10. Dip strawberries or apple slices in low-fat yogurt.

Source: The American Dietetic Association

No More Excuses...It is Time to Exercise!

If you are like many people, you know you should exercise more, but may have trouble finding the time and energy for a full workout. The good news is that even a small increase in physical activity can benefit your health. To celebrate Physical Fitness Month this coming May, look for small ways to add just a little bit of physical activity to your daily routine.

It is easy to come up with plenty of excuses to avoid physical activity. We are too tired, too busy, too out of shape, too old... and the list goes on. However, these obstacles pale compared to the many benefits of boosting your activity, even just a little bit. Regardless of your age, gender, or athletic ability, physical activity can enrich your health and well-being.

What Can Physical Activity Do for Me?

Combined with a healthy diet, physical fitness can help you:

- Achieve and maintain a healthy weight
- Prevent or delay the onset of chronic diseases like diabetes, heart disease, high blood pressure and some types of cancer
- Brighten your overall well-being by reducing stress, giving you more energy, helping you sleep better, and fighting depression and anxiety

How Much Is Enough?

Experts recommend that adults get at least 30 minutes of moderate-intensity physical activity most days of the week. Moderate-intensity activities make you breathe harder and make it more difficult to talk, but you should still be able to carry on a conversation. Children and adolescents need double what adults do. If weight loss is your goal, aim for at least an hour of moderate to vigorous-intensity physical activity each day.

****Answers**

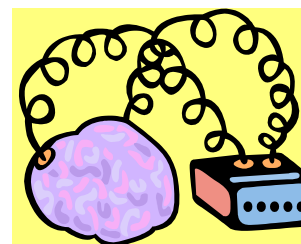
5 pieces of dark chocolate are rich in taste and disease-fighting antioxidants



3 whole cups of air-popped popcorn makes a generous serving of crunchy munchies

**Boot Brainpower with Smart Snacks**

Research repeatedly tells us that good nutrition is important for learning and staying focused on your tasks, whether for a child in school or an adult at work. No matter your age, snacks can help you get enough of the foods and nutrients your body needs, while refueling you so you can make it to the next meal. Give you winter doldrums a boost with these easy ways to meet your nutritional needs and still satisfy that craving for munchies

**MEDICAL ASSISTING NEEDS YOU!**

There are two easy ways to join:

Visit our web page: www.aama-ntl.org

Or call the AAMA's national office at 1-800-228-2262



Seeking Active Members

As Mentor Committee Chair of the Nebraska Society of Medical Assistants (NSMA), I invite you to join me as an ACTIVE member of our Society. In the tradition of our distinguished Society, we want to continue to support the values and principles that have been established by our professional organization.

We are currently in full force of pursuing a larger ACTIVE membership base. We are widening our scope of efforts to seek new ideas and innovative approaches. With your interest and support, we hope to enhance opportunities for the membership and broaden our appeal to all Certified Medical Assistants (American Association of Medical Assistants).

No one is asking you to jump into a position that you are not comfortable with. There are many different levels of participation and many seasoned members willing to help walk you through the steps until you feel confident enough to chair a committee and get more involved.

To get you started, take a few minutes to read the NSMA Bylaws and Standing Rules that are printed in the Med-A-Gram. Next, talk to a member who has or is currently serving as an officer or committee chair from your Chapter or is a member on the NSMA Board of Directors. Ask to see one of the NSMA Policy Manuals. Review the NSMA Fact Sheets to see where your talents will fit in.

At this time, I have chosen the following three positions to inform you about the details of those elected positions.

PRESIDENT - FACT SHEET

TERM:

One year (or until a successor is elected)
Office filled by previous years Vice President
Immediately succeeds to the office of Immediate Past President
Elected by the delegates at the NSMA HOD
If a vacancy occurs, the unexpired term will be filled by the Vice President

QUALIFICATIONS:

Active member of NSMA in good standing
Must have served as a Chapter Officer or Standing Committee Chair or have chaired an NSMA Standing Committee
Familiar with NSMA Bylaws and Standing Rules and AAMA Bylaws Understand basic parliamentary procedures

Strong leadership abilities

Ability to make meetings work and make fair decisions

Familiar with the duties of all officers and committees

Prepared, dependable, orderly, hard-working

RESPONSIBILITIES:

Arrange and preside at all meetings of the NSMA Board

Attend the annual NSMA HOD

Prepare and distribute agenda for all BOD meetings

Compile and distribute BOD roster

Monitor all Standing Committee activities

Keep the membership informed of NSMA/AAMA activities

Chair of the Delegates to the AAMA annual conference

Produce a written yearend report

BENEFITS:

Annual NSMA conference registration fee paid

Two complimentary tickets to the NSMA annual installation/awards Ceremony

Delegate to the AAMA annual conference and HOD

AUTOMATIC APPOINTMENTS:

Delegate to AAMA HOD

Ex-officio member of all standing committees (except Nominating)

Official representative of NSMA at all functions including national meetings

PROCEDURE NOTEBOOK CONTENTS:

Retain correspondence for one year or longer if pertinent or incomplete

Duties of the Chair of Delegates to the AAMA Conference document

Current NSMA operating budget and NSMA Financial Policies

Retain yearend report for 5 years

Current NSMA Bylaws and Standing Rules

Current AAMA Bylaws

Replace NSMA BOD roster yearly

Updated NSMA Planning Calendar

Revise/replace forms and samples as needed

IMMEDIATE PAST PRESIDENT - FACT SHEET

TERM:

One year.

Automatically filled by the retiring NSMA President

QUALIFICATIONS:

Active member of NSMA in good standing
Familiar with NSMA Bylaws and Standing Rules
Understanding of basic parliamentary procedures
Leadership skills
Ability to mentor

RESPONSIBILITIES:

Attend all NSMA BOD meetings and the annual NSMA HOD
Remain available to the President in an advisory capacity
Maintain a demographic roster of all NSMA Past Presidents
Serve as Chair of the Past President's Society
Send out birthday cards to all NSMA Past President's
Assist with reviewing delegate/alternate expenses
Actively participate in the NSMA Mentoring Program
Produce a written yearend report
Consider advancing to a national AAMA position

APPOINTMENT:

Officer is chair of the Past President Society

PROCEDURE NOTEBOOK CONTENTS:

Current NSMA operating budget and NSMA Financial Policies
Retain yearend report for 5 years
Current NSMA Bylaws and Standing Rules
Current AAMA Bylaws
Replace NSMA BOD roster yearly
Update NSMA Planning Calendar
Revise/replace forms and samples as needed
Keep complete roster of all Past Presidents current

TREASURER - FACT SHEET

TERM:

Two years
Elected by the delegates at the NSMA HOD
If a vacancy occurs, unexpired term will be filled by ballot vote of the BOD

QUALIFICATIONS:

Active member of NSMA in good standing
Must have served as a Chapter Officer or Standing Committee
Chair or chaired an NSMA Standing Committee
Familiar with NSMA Bylaws and Standing Rules
Understand basic parliamentary procedures
Must be bonded (at the State's expense)
Understanding of basic accounting principles
Ability to balance a checkbook
Manage investment funds
Able to produce financial statements
Honest, trust worthy, dependable, detail oriented

RESPONSIBILITIES:

Attend all NSMA BOD meetings and the annual NSMA HOD
Responsible for managing the monies of NSMA
Pay all bills of NSMA
Oversee NSMA investment accounts
Record all receipts and disbursements, balance checkbook monthly
Present a current financial report at every BOD meeting
Produce a written yearend report

BENEFITS:

Eligible to have AAMA active membership dues reimbursed by NSMA for the year term served

AUTOMATIC APPOINTMENT:

Member of the NSMA Budget & Finance Audit Sub-Committee

PROCEDURE NOTEBOOK CONTENTS:

Retain financial ledgers, profit & loss statements, audit committee reports, investment reports and bank statements permanently
Retain cancelled checks and check stubs for 7 (seven) years
Retain expense vouchers and receipts for 7 (seven) years
Retain bills for 7 (seven) years
Current NSMA operating budget and NSMA Financial Policies
Current NSMA Bylaws and Standing Rules
NSMA General Expense and Travel Expense Voucher Forms
NSMA Travel Advance Request Form
NSMA BOD roster updated yearly
Updated NSMA Planning Calendar
Revise/replace forms and samples as needed

It is our conviction that your support and participation will make a lasting positive impact in the future of NSMA. If you are at all interested in learning more about the structure of our Society, duties of elected officers or the responsibilities of standing committee chairs, please contact me.

Lisa Hoffman, CMA (AAMA)

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lisahoffman0624@msn.com
Fax 308-385-0789

Delegates Reports

Summary of the Delegates and Alternates reports from the 55th Annual AAMA Convention in Indianapolis, Indiana, September 23-27, 2011

The Nebraska Delegates and Alternates all traveled to Indianapolis, Indiana for the 55th Annual AAMA Conference. The conference theme was AAMA "Premier Learning Event," with 700 registrants.

Highlights from the Board of Trustees/Endowment Meetings:

There were a number of attendees in this year's gallery. Again, attendee were not given an agenda so things were a little hard to follow since we do not any have any background on what was being discussed.

It was reported that the AAMA Facebook page had 20,000 "likes." AAMA has approximate 28,000+ members.

The Certifying Board was recognized for 50 years of Service to the organization.

In an addendum report from the Policy and Procedures committee, Boni Bruntz presented and it was approved by the BOT that they accept the social media guidelines as established.

A motion was amended and approved by the BOT to state that credit and/or background checks will be done on anyone that will be authorized a AAMA credit card for expenses during their term. Reports will be then reviewed and handled by only the AAMA's attorney, Don Balasa, JD, MBA. It was suggested to one of the elected Trustees that this process be

done yearly on those people, because sometimes 'issues' are in process when a check is done and thus would not show up on a check until after the matter is handled in a court of law. She was going to mention this to the BOT.

Lisa Lee, CMA (AAMA), Awards Chair gave an addendum report. Since her term as chair of this committee is ending, she suggested that the BOD and the new chair and committee review the current criteria used to determine award winners. She feels that an update is needed, as the current criteria eliminates many candidates the way it is weighted. She also feels that AAMA should recognize people for work done on the state level, and not overlook their efforts because they do not wish to move on to work on the national level.

Julie Flaatten, chair of the Professional Expansion and Awareness Task Force presented the new AAMA Core Values and it was approved by the BOD. The BOD also approved the new Mission and Vision statement presented. However, the Vision statement was defeated in the House of Delegates.

Carmen Kittleson, CEB chair, received BOD approval for numerous updates to the CEB Policies and Procedures manual.

The AAMA has established a Technology Reserve fund of \$250,000 to be used for comput-

er and software upgrades in the AAMA headquarters. It will take 18 to 24 month to phase the installation in, but in the end for example, members will be able to pay their membership online and print out an accurate receipt as proof of payment. This upgrade will help to elevate some of the duties that the current staff must do manually, leaving them more time to be "membership focused" for more one-on-one time to answer questions, deal with issue, etc. In addition, it should speed up many of the daily tasks, cut down on postage, paper costs, and the overlapping of notices that have been taken care of already, i.e. membership renewal, certification renewal.

The CEB is looking into other electronic learning ideas to entice members. One new item this year is they will offer a free CEU by podcasts. They are going to extend the deadline this year to include all of Medical Assistant week (Oct 18-20, 2011) in an effort to attract younger CMAs who are used to this type of technology and regular members who are not, but may like it if given a chance to use it. Another idea they are looking into is doing a CEU from a live webinar.

Leadership A Training:

Chris Hollander, CMA (AAMA), Speaker of the House and Nina Watson, CMA (AAMA), CPC, Vice Speaker of the House,

reviewed the rules of the HOD and its' proceedings. Proper procedure for addressing the House, and making motions during the HOD were discussed, however, again, proper voting procedures were not reviewed for casting ballots. Again, a handout on "The a-b-c's of Parliamentary Procedure" was given to attendees. General questions on the rules of the HOD were asked by attendees and answered.

It was stated, that is in writing now, that the ballots cast for each House of Delegates are now going to be given to Kathy Langley for storage for 30 days and then destroyed if there is no contesting of the votes cast for that House of Delegates. Last year Nebraska tried to contest what was reported at the House of Delegates as votes cast and the ballots had been destroyed even before the House closed.

Dessert Social/Excel Awards:

Members gather at this event to find out, and honor the EXCEL winners and mingle socially, while dining on a variety of desserts. A power point presentation announced the evening's winners.

In category C 501-800 members, Nebraska won two EXCEL awards this year, one for membership recruitment and one for the publishing of the Med-A-Gram.

The "Leadership and Mentoring" award went to Loxie Kistler, EdD, RN, CMA (AAMA). The "Golden Apple" award went to Cheryl Vineyard, CMA (AAMA), CPC, BUS.

The FA Davis Student Award now issues two \$500 cash awards to the student who submits the best essay and one for best video stating, "Why I became a Medical Assistant..." The essay winner was Colleen Buckley-Gatto, from Heald College, Concord, CA and the video winner was from a group of students that attend Northcentral Technical College in Wasau, WI.

President and President Elect Advisory Council on Saturday:

State leaders attending did an exercise trying to solve their own state issues again-this one being on increasing membership. Each group was to think of a name of a state and then within that state, if money was not issue, describe what we would do to recruit new members and entice regular members into becoming more active in the organization.

State presents and attendees were given lapel pins that say, "Who I am makes a difference." There were letters explain what to do with the pins given to the state presidents, along with instructions that if they were interested in getting more they should contact AAMA.

House of Delegates:

The House of Delegates was called to order by the Speaker of the House, Chris Hollander, CMA (AAMA). The presentation of colors, and the Pledge of Allegiance were done and the National Anthem was sung.

Three states had to ask permission to be seated at the HOD:

Georgia, New Jersey and Virginia. Votes were cast and the states were allowed to be seated. It was never presented to the HOD why they needed permission to be seated.

The rules of the House were not read since they were mailed out to delegates on time per the Bylaws. Total voting power of this HOD was 127.

Nebraska joined the meet and greet with the candidates running for AAMA office after the close of the first session of the HOD. Again, the time allotted to meet the candidates was not enough; we were only able to talk to 4 candidates in the time given.

The Reference Committee reports were given and all AAMA members were given a chance to voice their opinions and concerns over them.

Committee report presented to the HOD

All committee reports were accepted as written or amended.

Bylaws presented to the HOD

There were no bylaws amendments presented to the House this year.

Resolutions:

There was one resolution presented this year, but it was defeated in the House.

The Marketplace Luncheon:

We no longer have the Marketplace Luncheon with a free box lunch on Sundays. It is now called the Publishers Showcase and we are offered a desert and drink. The Publisher

Showcase is mainly a time for college educators to meet with various publishers of Medical Assisting textbooks and software that can be used in the classroom.

President's Banquet:

Highlighting the end of the conference on Monday was the outgoing AAMA President, Betty Springer, CMA (AAMA), from Florida, installing, Ann Naegele, CMA-A (AAMA), Texas, as the new 2011-2012 AAMA President at the President's Banquet.

Nebraska President, Janet Ueding, CMA (AAMA), was honored during the President's walk into the Grand Ballroom with a Certificate of Appreciation in recognition of outstanding service and loyal support of the affairs of the AAMA.

Other topics of interest at the Conference:

Delegates and alternates were all able to attend some excellent CEU sessions that benefited all of us both personally and professionally. Here is a few sessions we attended - Strategies for Teaching Blended Courses, A Strong Back is a Healthy Back, Communicating with Patients: What Every CMA (AAMA) Must Know, Skin Cancer, Teaching Terminology and Leader Dogs: Enhancing the Lives of the Blind and Visually Impaired, The use of the laser in the Dermatology office, Congestive Heart Failure, Botox, Trauma to Triumph: Helping Patients Cope and find Hope, and the AAMA Knowledge Bowl

56th AAMA National Convention:

Scottsdale, Arizona, September 7-10, 2012

57th AAMA National Convention:

Atlanta, Georgia, September 2013

The delegates and alternates would like to thank the Nebraska members for electing us as delegate and alternate delegate to attend the National Conference on their behalf.

Submitted by,
Janet Ueding, CMA (AAMA),
LRT, President, Delegate
Lori Kounovsky, CMA (AAMA),
Vice President, Delegate
Carol Hipke-Muske, CMA
(AAMA), 3rd Delegate
Deb Potratz, CMA (AAMA), 1st
Alternate
Jeannine Nagel, CMA (AAMA),
BSHCM, 2nd Alternate
Janis M. Frederick, CMA
(AAMA), 3rd Alternate
Linda Allensworth, CMA (AAMA),
CPC 4th Alternate.

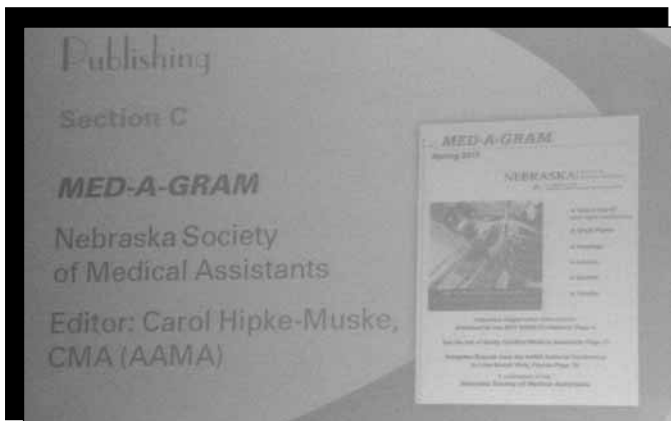
Results of the 2011-2012 House of Delegates Elections

Ann Naegele, CMA (AAMA)
Chris Hollander, CMA (AAMA)
Charlene Couch, CMA (AAMA)
Nina Watson, CMA (AAMA), CPC
Paula Purdy, CMA (AAMA)
Julie Flaatten, RN, EMT-B, CMA (AAMA)
Lisa Lee, CMA (AAMA)
Freida Miller, CMA (AAMA), CPC, PCS
K.M., CMA (AAMA), PhD
Lisa Johnson, CMA (AAMA)
Loxie Kistler, CMA (AAMA)
Laura Mitchell, CMA (AAMA)
Virginia Thomas, CMA (AAMA)

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2011 National AAMA Convention



Nebraska wins an EXCEL Award for the Med-A-Gram publication



Lisa Lee, AAMA Awards Chair, and AAMA President Betty Spring, presents Nebraska President Janet Ueding with EXCEL awards for membership recruitment and publication for the MED-A-GRAM



Carol, Deb and Lori dining at Buca - a local Italian restaurant



Indianapolis fans really love their Colts!



Lori Kounovsky and Deb Potratz on the new downtown Boardwalk being built for the 2012 Super Bowl



Lucas Oil Stadium-home of the Indianapolis Colts



*Nebraska Delegates and Alternates at the House of Delegates
(f) Carol Muske, CMA (AAMA), Lori Kounovsky, CMA (AAMA),
Janet Ueding, CMA (AAMA), LRT, (B) Deb Potratz, CMA (AAMA),
Jeannine Nagel, CMA (AAMA), BSHCM, Jan Frederick CMA (AAMA),
Linda Allensworth, CMA (AAMA), CPC*



*Deb and Lori dining at Claddagh an Irish Pub
in downtown Indianapolis*



*NSMA President Janet Ueding with the rest of the State Presidents
at the 55th AAMA Conference*



*Outgoing President Betty Spring installs Ann Naegele as the
2011-2012 AAMA President*



*The Nebraska delegation at the AAMA's President Banquet
(f) Janet Ueding, CMA (AAMA), LRT, Jeannine Nagel, CMA (AAMA),
BSHCM, (b) Carol Muske, CMA (AAMA), Linda Allensworth, CMA
(AAMA), CPC, Jan Frederick CMA (AAMA), Lori Kounovsky, CMA
(AAMA), and Deb Potratz, CMA (AAMA)*



*The Nebraska Delegation with the 2011-2012 AAMA President,
Ann Naegele, CMA (AAMA) -
(l to r) Carol Muske, CMA (AAMA), Jeannine Nagel, CMA (AAMA),
BSHCM, Lori Kounovsky, CMA (AAMA), Ann Naegele, CMA (AAMA),
Janet Ueding, CMA (AAMA), and Deb Potratz, CMA (AAMA)*

NSMA Conference Grant Application

In an effort to reward active membership in the Nebraska Society of Medical Assistants, the Board of Directors has established the NSMA Conference Grant Program. One Grant will be offered annually, paying the full registration fee (non-transferable) to the next NSMA Annual Conference for the lucky winner.

One Grant will be offered annually and will pay the full registration fee to the Annual NSMA Conference.

APPLICANT CRITERIA

Requirements:

1. A current dues paid CMA (AAMA) and a member of the NSMA in good standing for a minimum of two consecutive years.
2. Must presently or in the past, held an officer position at the Chapter level and served as an officer or committee chair at the State level.
3. Applicant must submit the completed the grant application form. A copy of their professional curriculum vitae, listing offices and committee positions held on both the local and state levels, and any other optional documents, i.e. letters of recommendation from peers, details of special projects, and specific contributions to the organizations that may assist the judges in evaluating the application by the established deadline. Only qualified candidates will be considered.

Winner will be notified as soon as possible after the announcement at the Spring BOD meeting.

Eligibility is limited to one grant award every five years for any one member.

An appointed panel of judges will select the winner, from the information provided in your application. Judges are the President, Vice President, Immediate Past President and the Awards chair.

Contact the current Awards Committee Chair with any questions or for more information.

Name: _____

Address: _____

AAMA Membership Number: _____ AAMA Member Since: _____

Phone: H) _____ W) _____

Membership Status: _____ Chapter Affiliation: _____

Application must be received by December 31, of each year. Send completed applications and supporting documentation to the NSMA Awards Chair. Please go to www.nsmaonline.org or check your current Spring Med-A-Gram for the current Awards Chair address.

Member-at-Large Contest

To all Nebraska Society Members-at-Large

In an effort to ensure that the Nebraska Society of Medical Assistants Member-at-Large are represented at the annual state House of Delegates, the State Society has developed a pilot incentive program. Complete the entry form below and return to the current NSMA Membership Chair by March 1, of each year. Upon receipt of your completed entry form, your name will be entered into a drawing for a free NSMA annual conference registration for that year. To qualify, you must be a member in good standing, meaning your AAMA dues have to have been received at the AAMA office by December 31st, of the previous year.

You must meet the guidelines for the member-at-large membership category:

- Live or work 60 (sixty) miles outside the nearest functioning Chapter.
- Must be available to attend the next NSMA Annual Conference in its entirety.

The duties of the winner of the free conference registration will include:

- Serve as a member-at-large Delegate at the Nebraska Society of Medical Assistants' House of Delegates (See the NSMA Bylaws section regarding Delegates to the House.)
- Serve as a committee chair or member on the Board of

Directors the following year.

- Maintain communication with the other members-at-large and see that they are kept informed of meeting highlights and other pertinent information throughout the year.

The NSMA is hopeful that this offering will inspire all members-at-large to be involved. Just complete the bottom portion of this announcement and see if you are the lucky winner. The drawing will be at the spring NSMA BOD meeting and the winner will be notified immediately. This award is non-transferable and only good for the year awarded.

To all Nebraska Society Members-at-Large: Member-At-Large Conference Delegate Entry Form

Name/Credentials _____

Address _____ City _____

Home Phone _____ Work Phone _____ Alternate Phone _____

Employer _____

E-mail Address: _____

AAMA Member ID #: _____

Applications are also available on-line.

Check you Spring Med-A-Gram or go online to www.nsmaonline.org
for the mailing address of the current Membership chair.

Return Completed Form (by March 1st of each year) to the NSMA Membership Chair.

EXCEL AWARD

*The American Association of Medical Assistants
is proud to present this award to the*

Nebraska Society of Medical Assistants

for membership recruitment



AAMA 55th Annual Conference
September 2011

Betty Springer CMA (AAMA)

President, American Association of Medical Assistants

EXCEL AWARD

*The American Association of Medical Assistants
is proud to present this award to the*

Nebraska Society of Medical Assistants

Carol Hipke-Muske, CMA (AAMA), editor

for publishing

MED-A-GRAM



AAMA 55th Annual Conference
September 2011

Betty Springer CMA (AAMA)

President, American Association of Medical Assistants

CERTIFICATE OF ACHIEVEMENT

*The American Association of Medical Assistants
is proud to present this award to the*

Nebraska Society of Medical Assistants

for student membership recruitment



AAMA 55th Annual Conference
September 2011

Patty Springer CMA (AAMA)

President, American Association of Medical Assistants

AAMA FUNd TEAM

This certificate is awarded to the

Nebraska Society of Medical Assistants

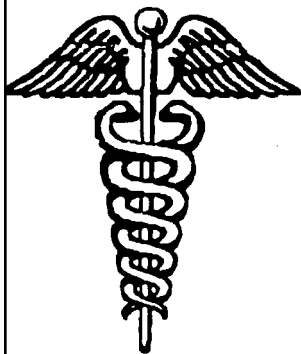
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AAMA 55th Annual Conference
September 2011

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Contact CCC - Michel McKinney, CMA (AAMA), mmckinney@cccneb.edu or call 402-461-2405 or 877-222-0780 today for more information.

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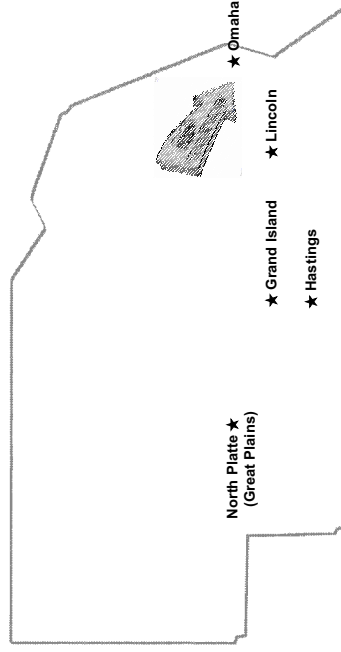
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