

MED-A-GRAM

Fall 2013



Who I Am Makes A Difference



★ Grand Island

★ Great Plains

★ Hastings
(2014 State Conference)

★ Lincoln

★ Omaha

"It was a very significant and important committee-so I took it and ran with it."

~A quote from retiree, Laura Blankenship, CMA-C (AAMA)
on why she accepted the position as
NSMA Public Affairs Chair 35 years ago

2013 AAMA National Conference Information Page 14

Newly Certified Medical Assistants Page 19

Chapter Information Begins On Page 40

A publication of the
Nebraska Society of Medical Assistants

AN AFFILIATE OF THE
AMERICAN ASSOCIATION OF MEDICAL ASSISTANTS



At Alegent Creighton Health, our Mission is to provide high-quality care for the body, mind and spirit of every person. And it doesn't stop with our patients. We also take care of each other. We work under a set of Commitments that makes our work environment one of the most supportive you'll find.

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Dear NSMA members:

We at the NSMA hope that you find great value in this publication. Networking is an important growth tool of the NSMA and we hope this directory will assist you in contacting your colleagues across the state and get to know them better. Members are listed alphabetically according to members-at-large or one of the state's five chapters to which they belong. As you spend time looking through our updated material, we hope you will acquire personal and professional growth in Medical Assisting that will aid you in your career. The NSMA encourages you to use the directory and hopes that you will also support the many advertisers who have made it all possible.

Remember to watch for the Spring Med-A-Gram to come out in March. We will be reporting on state and national information, updates, and you will find the registration forms for the Annual Conference of Nebraska Society of Medical Assistants available in it also.

If you or someone who is not a member of the Nebraska Society of Medical Assistants would like to receive copies of the Med-A-Gram, please photocopy and fill out the prospective member form and send it to the membership chairman.

Remember, life is as fulfilling as you make it, let Medical Assisting help you enjoy life.

Carol Hipke-Muske, CMA (AAMA)
Editor

October 21-25, 2013 is Medical Assistants Recognition Week

October 23, 2013 is Medical Assistants Day

Be sure to order your free Medical Assisting week promotional packet from the AAMA. Go to the MARWweek tab on the home page at www.aama-ntl.org. Posting the information at work will inform others about the medical assisting profession and give you the recognition you deserve from your employer, co-workers and peers.

What does your chapter do recognize each other? Maybe you could schedule your monthly meetings during MA week and have a potluck supper or have a catered event. Go to your area colleges that teaches Medical Assisting and have your meetings with the students in attendance so that they can meet members and see how the chapter is run. Chapters could choose one of their members and students to be honored during that week. Students love free things, as a chapter promotion pick a student and pay for their AAMA membership for a year. Make up goodie baskets and take to offices that promote Medical Assisting week.

This is an official publication of the Nebraska Society of Medical Assistants, in affiliation with the American Association of Medical Assistants.

All statements or comments in the Med-A-Gram are the opinion or statement of the writer and are not necessarily the opinion of the Nebraska Society of Medical Assistants or American Association of Medical Assistants.

Information contained within is meant to be informative, enlightening, and helpful, but is subject to change.

Nebraska Society of Medical Assistants
www.nsmaonline.org

American Association of Medical Assistants
www.aama-ntl.org
1.800.228.2262

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NEBRASKA SOCIETY OF MEDICAL ASSISTANTS

DEFINITION OF MEDICAL ASSISTANT

Medical Assisting is an allied health profession whose practitioners function as members of the health care delivery team and perform administrative and clinical procedures.

PURPOSE

The purpose of the Nebraska Society of Medical Assistants is to promote the profession of medical assisting and the professional identity of members through education and credentialing.

OBJECTIVE

1. Promote the profession of Medical Assisting.
2. Provide educational opportunities to increase the knowledge of medical assistants.
3. Demonstrate to physicians the ability of medical assistants to assist them in providing high quality patient care.

RIGHTS AND BENEFITS

As a member of NSMA, you have the right to:

- Vote for chapter officers and representatives.
- Express your opinion on all business issues and make suggestions for chapter improvement.
- Seek positions of leadership.

NSMA provide you benefits that include:

- The opportunity to raise the prestige, image, and standards of your profession.
- The opportunity to work toward advancement of medical assisting and influence surrounding events.
- To develop and sharpen leadership skills.
- To be informed about new advancements and events.
- A feeling of value to your profession, society, and yourself.
- The friendship and networking with other medical assistants throughout the State.

RESPONSIBILITIES

Your responsibilities as an NSMA member include:

- To support the organization on all levels which includes attending seminars, conferences, and fundraising events.
- To attend meetings as an active member.
- To accept leadership positions and fulfill them to the best of your ability.
- To recruit new members and make them feel welcome.
- To read, understand and follow the bylaws of the organization.
- To pay dues promptly.
- To promote a positive attitude toward your profession.

DUES

Annual membership dues are subject to change yearly and are tax deductible. For further information, contact the State Membership Chair.

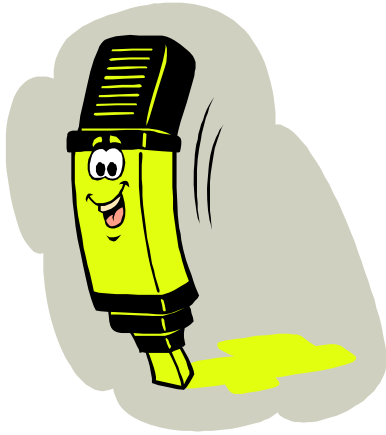
MEETINGS

Local chapters of NSMA conduct business meetings on specified nights including an educational program devoted to subjects relating to the medical field. Non-members are welcome as guest.

CHAPTER MEETINGS

<u>CHAPTER</u>	<u>MEETS</u>	<u>ELECTION OF OFFICERS</u>
Grand Island	last Tuesday of the month	March
Great Plains		March
Hastings	2nd Tuesday Sept-May (not Dec)	March
Lincoln	Sept, Oct, February, March,	March
Omaha- Education	3rd Tues. in Sept, Nov, Jan, March	April
Business Meetings -	3rd Tues. Aug., Oct., Dec. (usually the first week because of the holiday), Feb., Apr., May	

Plan ahead...



Mark
Your
Calendar

Nebraska Society of Medical Assistants Continuing Education Events:

2014 NSMA's 48th Annual Conference, April 25 and 26, 2014, hosted by the Hastings Chapter, for more information at this time, please contact the Hastings Chapter President, Carol Muske, CMA (AAMA) at b_a_cma@hotmail.com, the Secretary, Michel McKinney, CMA (AAMA) @ mmckinney@cccneb.edu or the Treasurer, Ann Vodicka, CMA (AAMA) @ avodicka@myfch.org

2015 NSMA's 49th Annual Conference, hosted by the Lincoln Chapter, for more information, at this time please contact the Lincoln Chapter President, Ashley Helm, CMA (AAMA) @ ahelms120706@yahoo.com or IPP, Jen Kocian CMA (AAMA) @ toddnjen320@neb.rr.com or either officer at lincolnchaptersma@yahoo.com

2016 NSMA's 50th Annual Conference, hosted by the Grand Island Chapter, for more information, at this time please contact the GI Chapter President, Lisa Hoffman, CMA (AAMA) @ lisahoffman0624@msn.com or IPP, Debra Potratz, CMA (AAMA) @ ba.cma.aama2@gmail.com

Come share a weekend of traveling, continuing education, fun activities, food, friendship, and lasting memories. This conference is open to any healthcare professional needing continuing education credits. Those welcome to attend are ~ Medical Assistants, Nurses, Healthcare Professional, X-ray Techs, Educators and more. Watch for more information in the 2014 spring Med-A-Gram and check the NSMA website in the spring to download the registration form- www.nsmaonline.org.

The members of the Great Plains Chapter presented a great conference this past May 2013.

We had excellent speakers on: How Doctor's Offices Should Handle Emergency Situations, What is Home Care, Issues Related to OTC Antihistamines, Precepting-How To and How Not To, Domestic Abuse, DME and Mail Order Diabetic Supplies, How to Communicate with a Person with Mental Loss

During the Saturday Installation and Awards Luncheon, Andrea Stewart, CMA, (AAMA) was installed as the new State President. 6 New CMAs (AAMA) and 10 recertifying CMAs (AAMA) members attending conference were honored.

Our AAMA representative, Loxie Kistler, EdD, RN, CMA (AAMA), from Ohio was our AAMA Representative and guest at the conference.

There were a total of 75 registrants with 7-1st timers, 6 new CMAs (AAMA), and 4 students attending the 2-day conference.

48th Nebraska Society of Medical Assistants Conference

Fellow Medical Assistants,

The Hastings Chapter in Hastings, Nebraska, would like to take a moment to remind you about the two-day conference they are hosting.

This is the Nebraska Society of Medical Assistants' Annual Conference being held April 25 and 26, 2013.

For more information contact the Hastings Chapter President, Carol Muske, CMA (AAMA) at b_a_cma@hotmail.com, the Secretary, Michel McKinney, CMA (AAMA) @ mmckinney@cccneb.edu or the Treasurer, Ann Vodicka, CMA (AAMA) @ avodicka@myfch.org

At this time, the previous local that the Hastings Chapter had used in the past may not be a viable option and the chapter is looking into suitable options as a replacement site to host to the sessions, as we may not have a conference room with a hotel option. Updates will be giving at each State Board meeting throughout the year, so you can also contact your local chapter president for more info. Registration and hotel information will be published in the **2014 spring Med-A-Gram** and on our website **www.nsmaonline.org**. Please contact your local chapter or the website if you need information prior to the publication.

If you have any questions, comments, or further ideas for the upcoming conference please contact any of the people listed above.

Because we are honoring our elected officers and special guests, we ask that you dress in casual business attire: khakis, capris, dresses, skirts, dress slacks, blouses, and jackets. **Denim jackets and jeans, sweats, scrubs, midriff, shorts, and alcohol are not allowed during the educational sessions or business meetings.** "Thank you" for your consideration and professionalism.

AAMA NATIONAL CONFERENCES

57th AAMA National Convention:

Atlanta, Georgia, September 27-30, 2013, at the Sheraton Atlanta Hotel:
<http://www.sheratonatlantahotel.com/>

58th AAMA National Convention:

St. Louis, Missouri, October 17 - 20, 2014, at the Hilton St. Louis at the Ballpark:
<http://www.hiltonstlouis.com/>

2013-2014 State President



Andrea Stewart, CMA (AAMA)
47th President of the Nebraska Society of Medical Assistants

Andy grew up in Sutherland, Nebraska and graduated from Sutherland Public School. She attended Mid-Plains Community College, graduating as a MLT. After a year at the hospital in Sidney, Nebraska and Ogallala, Nebraska, Patty Hafer asked her if she wanted to work at the local doctor's clinic. She started for Dr. Dan Nguyen in December of 1981. Patty took Andy to her first medical assistant meeting in January of 1982, and she has been a member ever since. Andy then became a CMA in 1989. Since joining, Andy has served in the capacity as an officer or committee chair for the Great Plains Chapter. This will be her second term as serving as the Nebraska Society of Medical Assistant's President.

Andy is married to Mike Stewart and they have two sons, one daughter, and 4 grandchildren. Andy sings in the Methodist Church choir, is currently the Lay Leader, and serves on two boards there. She is on the Sutherland Health Board, the Sutherland Community Action Team, and is a Teammate through the Sutherland School. She is also a member of Eastern Star. She is also a regular donor of platelets to the American Red Cross and just received her 500th unit plaque. In her spare time, she enjoys crossword puzzles.

Andy now works for the Family First Health Center, which opened in June of 2011. It is now owned by Faylene Dancer, APRN, as Dr. Dan Nguyen retired at the end of May 2011.

Andy loves being a Certified Medical Assistant and encourages all CMAs (AAMA) to become active in this organization, to learn and grow thorough continuing education and by keeping abreast of the laws that affects the CMA's (AAMA) right to practice in Nebraska.

PAST STATE PRESIDENTS

<u>YEAR</u>	<u>NAME</u>	<u>CHAPTER</u>	<u>YEAR</u>	<u>NAME</u>	<u>CHAPTER</u>
1967-68	Doris Reynolds	Omaha	1991-92	Andrea Stewart, CMA (AAMA) PO Box 432, Sutherland, NE 69165	Great Plains
1968-69	Norma Welchel	Lincoln	1992-93	Laura Blankenship, CMA-C (AAMA) 25125 S. Windy Bluff Lane Arlington, NE 68002	Omaha
1969-70	Theola Thornton	Norfolk	1993-94	Mary (Wolfe) Brown, CMA (AAMA) 5037 S. 196th Circle, Omaha, NE 68135	Omaha
1970-71	Barbara McMullen 4115 N 55th Ave, Omaha, NE 68104	Omaha	1994-95	Tammy Siedband, CMA (AAMA) 3001 N 77th St, Lincoln, NE 68507	Lincoln
1971-72	Barbara Powell 12800 Spruce Tree Way, Apt 328 Raleigh, NC 27614	Lincoln	1995-96	Debra Potratz, CMA (AAMA) 814 Sweetwood Dr Grand Island, NE 68803	Grand Island
1972-73	Patricia Madsen, CMA-AC 7830 Harney, Apt 1, Omaha, NE 68114	Omaha	1996-97	Patty Hafer, CMA (AAMA) 1048 N. Alamo Rd., #52 Alamo, TX 78516 hotgrandma1943@msn.com	Great Plains
1973-74	Bonnie Ahrens, CMA-AC	Lincoln	1997-98	Candace (Rhoades) Coffman, CMA (AAMA) 7740 Cherrywood Dr, Lincoln, NE 68510	Lincoln
1974-75	Wilma Rabb Deceased	Omaha	1998-99	Linda Allensworth, CMA (AAMA), CPC PO Box 283, Carson, IA 51525	Omaha
1975-76	Lorraine Wilbur, RN 6800 "A" St, Apt 316, Lincoln, NE 68510-5126	Lincoln	1999-2000	Edna Henrichson, CMA (AAMA), LPN 825 N Morrell, Fremont, NE 68025	Fremont
1976-77	Maxine (Noble) Koefoot, CMA Deceased	Grand Island	2000-01	Carol Hipke-Muske, CMA (AAMA) 745 N Denver, Hastings, NE 68901	Hastings
1977-78	Jeanne Houston, LPN, CMA Deceased	Omaha	2001-02	Janis Frederick, CMA (AAMA) 7217 N 74th St, Omaha, NE 68122	Omaha
1978-79	Pat Whyman-Lightle, CMA-AC, COA Deceased	Lincoln	2002-03	Lori Kounovsky, CMA (AAMA) PO Box 644, Plainview, NE 68769	Norfolk
1979-80	Norma Parker, CMA (AAMA) Masonic Manor 801 S 52nd St, Apt. 1708 Omaha, NE 68106	Omaha	2003-04	Michel McKinney, CMA (AAMA) 4355 S. Juniata Ave, Juniata, NE 68955	Hastings
1980-81	Roberta Frerichs, CMA-A (AAMA) 7125 Starr St, Lincoln, NE 68505	Lincoln	2004-05	Linda Formanek, CMA (AAMA) 45479 State HWY 91, Lindsay, NE 68644-5023	Norfolk
1981-82	Diana Milkowski-Crosthwait, CMA (AAMA) 224 Meadow Gill Dr, Benbrook, TX 76126	Omaha	2005-06	Holly Jensen, CMA (AAMA) 146 North N Road, Aurora, NE 68818	Grand Island
1982-83	Chris Graff, CMA (AAMA), LPN 8510 Blue Sky Dr, Lincoln, NE 68505	Lincoln	2006-07	Angela (Angy) McCarter, CMA (AAMA), LRT 6944 Vine St, Lincoln, NE 68505	Lincoln
1983-84	Elaine (Arps) Hunacek, CMA (AAMA) 8265 E Southern Ave #315 Mesa, AZ 85208	Omaha	2007-08	Shirley Newton, CMA (AAMA) 821 Niobrara, Cambridge, NE 69022	Great Plains
1984-85	Edith Thomsen, CMA-A (AAMA)	Kearney Area	2008-09	Dona Marotta, CMA (AAMA), BSHCM 8931 Read St., Omaha, NE 68122	Omaha
1985-86	Peggy (Gilbert) Brown, CMA (AAMA) 303 W Ohio, Lenox, IA 50851	Lincoln	2009-10	Carol Hipke-Muske, CMA (AAMA) 745 N Denver, Hastings, NE 68901	Hastings
1986-87	Marie Madison 405 E Staley Park Rd Grand Island, NE 68801	Grand Island	2010-11	Jeannie Nagel, CMA (AAMA), BSHCM 6311 Pinkney Street, Omaha, NE 68104-3332	Omaha
1987-88	Patty Hafer, CMA (AAMA) 1048 N. Alamo Rd., #52 Alamo, TX 78516 hotgrandma1943@msn.com	Great Plains	2011-12	Janet Ueding, CMA (AAMA), LRT 909 L Street Tekamah, NE 68061	Omaha
1988-89	Delores M Yosten 4010 Kay Ave, Grand Island, NE 68803	Grand Island	2012-13	Lori Kounovsky, CMA (AAMA) PO Box 644, Plainview, NE 68769	Member-at-Large
1989-90	Susan M Stetina (Engstrom), CMA (AAMA), RN 7949 Garland, Lincoln, NE 68506	Lincoln			
1990-91	Donna (Slama) Bentjen, COA 5188 E Sargent Rd, Beatrice, NE 68310	Lincoln			

2013-2014 NSMA Officers



The 2013-2014 Elected NSMA Officers

R-L~President Andy Stewart, CMA (AAMA), Vice President Debra Potratz, CMA (AAMA), Secretary Terrie King, CMA (AAMA), Treasurer Linda Allensworth, CMA (AAMA), CPC, Speaker of the House Tracy Bednar, CMA (AAMA), LRT, Vice Speaker of the House Leigh Perez, CMA (AAMA), Immediate Past President Lori Kounovsky, CMA (AAMA)

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Andrea Stewart, CMA (AAMA)

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The Hastings Chapter

NSMA 2013-2014 Chapter Presidents

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2013-2014 NSMA State Board Meetings

Come see what we can do for you. Anyone and everyone are welcome to attend any or all board meetings. You do not have to be on a committee to attend, locations and times subject to change.

August 17, 2013 Summer: 12 to 3 pm – Grand Island CCC campus, Rm 210

October 12 or 19, 2013 Fall: 12 to 3 pm – Grand Island CCC campus, Rm 210

January 18, 2014 Winter: 12 to 3 pm – Grand Island CCC campus, Rm 210
Snow Date: January 25, 2014

March 15, 2014 Spring: 12 to 3 pm – Grand Island CCC campus, Rm 210
Snow Date: March 22, 2014

April 25, 2014 Pre Conference: (Time to be announced with the Conference registration) in Hastings, NE

April 26, 2014 Post Conference: (Time to be announced with the Conference registration) in Hastings, NE

For more information on state board meetings contact; President, Andy Stewart, CMA (AAMA) @ 308.386.6074, andycma@yahoo.com or Vice President, Debra Potratz, CMA (AAMA) @ 308.382.6123, ba.cma.aama2@gmail.com

Committee Members: please let the NSMA President know if you will not be able to attend the scheduled meetings in advance. In addition, arrange to have your committee represented by another member who will be attending and email a copy of your report to the President, Secretary, and Board Members in advance. That way if we have questions, we can discuss it with you before the board meeting.

MEDICAL ASSISTING NEEDS YOU!

There are two easy ways to join:

Visit our web page: www.aama-ntl.org

Or call the AAMA's national office at 1-800-228-2262



2013-2014 State Medical Advisory Board of the Nebraska Society of Medical Assistants

The Nebraska Society of Medical Assistant's State Medical Advisory Board shall consist of three members, named by the President-Elect. Two shall be physicians and the third may be a mid-level practitioner (Nurse Practitioner, Physician Assistant or Midwife) if so desired, whose appointment will be approved by the Board of Directors at the post-convention meeting. They will serve for a period of one year. Any of them may serve for more than the appointed term, but must be appointed and approved annually.

1. Duties:

- a. Promote the goals and objectives of NSMA.
- b. Assist in acquainting the general public with the function of Medical Assisting and of NSMA.
- c. Provide guidance in continuing education program planning.
- d. Inform the organization of legislative matters pertinent to the health field.
- e. Provide assistance by teaching at workshops and seminars as requested.
- f. Be available for counsel with officers and committee chairmen as needed.
- g. Serve as judge for Nebraska Medical Assistant of the Year.
- h. Write messages of endorsement for NSMA for the Nebraska Med-A-Gram and the NMA Newsletter.



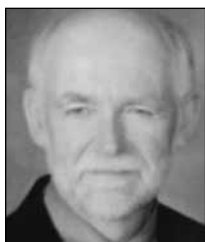
Faylene Dancer, APRN
Family First Health Center
Sutherland, Nebraska

Education: MSN, APRN, FNP-University of Nebraska Medical Center
Professional Membership: Nebraska Nurse Practitioner, American Academy of Nurse Practitioners, Dermatology Nurses Association
Accreditations: American Nurse Credentialing Center, Nebraska Board of Nursing
Special Interests: Family and Children's health, skin conditions- medical and cosmetic, and anti aging skin care



Angela Patrick, APRN
Family First Health Center
Sutherland Nebraska
and the Colglazier Medical Office
Grant, Nebraska

Education: MSN, APRN, FNP-University of Nebraska Medical Center
Professional Membership: Nebraska Nurse Practitioner
Accreditations: American Academy of Nurse Practitioners, Board certification
Special Interests: Family and Children's health, diabetic management, education for Wellness



Leland Lambert, MD
500 W Leota Street, Suite 100
North Platte, Nebraska

Education: MD, 1971 University of Nebraska, Omaha, Nebraska
Internship: Bryan Hospital, Lincoln, Nebraska
Board Certifications: American Board of Family Practice

CAAHEP & ABHES Accredited Colleges in Nebraska

CENTRAL COMMUNITY COLLEGE

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METRO COMMUNITY COLLEGE

CAAHEP Accredited
Medical Assisting Program
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f) 402.738.4554
dmmarotta@mccneb.edu

KAPLAN UNIVERSITY - OMAHA

CAAHEP Accredited
Medical Assisting Program
Michelle Guthard, CMA (AAMA)
Health Science Department Chair
5425 N. 103rd St.
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402. 431.6130
F) 800.905.6041
mguthard@kaplan.edu

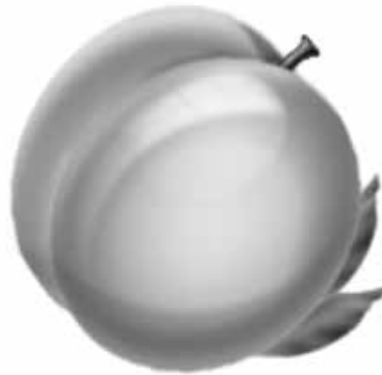
SOUTHEAST COMMUNITY COLLEGE

CAAHEP Accredited: Diploma
Medical Assisting Program
Kathy Zabel, MA, BS, RRT, LRCP
Program Coordinator
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kzabel@southeast.edu

VATTEROTT COLLEGE

ABHES Accredited
Medical Assisting Program
Valerie Ruckman, AAS, CMA (AAMA)
11818 I St
Omaha, NE 68137
402-891-9411, ext 235
F) 402-778-4036
valerie.ruckman@vatterott.edu

Atlanta Learning on Our Minds



*AAMA's 57th Annual National Conference
September 27-30, 2013
at the Sheraton Atlanta Hotel, Atlanta, Georgia*

<http://www.sheratonatlantahotel.com>

*To register, see the AAMA website for information and forms:
www.aama-ntl.org*

*AAMA Conference Services
20 N Wacker Drive, #1575
Chicago, IL 60606
1-800-228-2262 Fax 1-312-899-1259*

Reasons why you should attend:

Continuing education topics to increase your performance will be on:

SCIPP—Safe Crisis Intervention for Patients and Professionals

Navigating Meaningful Use in a Sea of Confusion

Puzzle Piecing for Wound Care—Healing Factors and Topical Therapy Selection

Risk Management and Patient Safety for the Medical Office

Customer Service—The Key to Success

Gynecological Conditions, Minimally Invasive Treatment

Evaluation and Management (E/M)

All About the Heart—Cardiovascular Disease and Disorders

In addition, there are Educator sessions to improve your impact in the classroom.

See the latest products, publications, and services on display at MEDEXPO.

AAMA's popular package deal, including CE sessions will save you money.

AAMA Contact Information

AMERICAN ASSOCIATION OF MEDICAL ASSISTANTS

20 NORTH WACKER DRIVE, STE 1575

CHICAGO, ILLINOIS, 60606-2903

TOLL FREE 1-800-228-2262

FAX 1-312-899-1259

What is the purpose of the AAMA?

The purpose of the American Association of Medical Assistants (AAMA) is to enable medical assisting professionals to enhance and demonstrate the knowledge, skills and professionalism required by employers and patients; protect medical assistants' rights to practice; and promote effective, efficient healthcare delivery through optimal use of multiskilled CMAs (AAMA).

Have questions about the AAMA and its services? Visit the Web site at www.aama-ntl.org. Use this address to request a transcript of your CEUs on line from the Continuing Education Registry. You will need your ID number to access your information. This number is found on the mailing label of your CMA today magazine.

Membership: Need to notify us of your change of address so you will get your CMA Today on time. E-mail your member ID number, old and new address and phone numbers to the membership staff at membership@aama-ntl.org. Also, e-mail any question regarding your membership status, dues, benefits and services.

Certification: Need a CMA exam application? E-mail a request and your mailing address to certification@aama-ntl.org. Send your certification questions this way also.

Continuing Education and Re-certification by CE: If you have any question about CEUs, program approval or recertifying by the CE method, e-mail them to ContED-Recert@aama-ntl.org.

Accreditation: Need to find out about getting a medical assisting program accredited? E-mail your questions to accreditation@aama-ntl.org.

Conferences: Want to find out more about AAMA's upcoming conference or Med Expo Exhibition, contact them by going to the www.aama-ntl.org and clicking on the 'contact' tab at the top of the page.

Communications: Do you have a question or comment about the CMA Today? Send an e-mail to CMAToday@aama-ntl.org.

NSMA Website

www.nsmaonline.org



In this age of technology, the Nebraska Society of Medical Assistants has accepted the task to improve our world by implementing a forum of current information for all members. We know it is hard to keep members and students abreast of current events with a twice a year publication, so now members will have 24/7 access to NSMA information and event happenings. The Nebraska Society of Medical Assistants has continued to work on its state website to bring you the information you need at your fingertips. This year we have enlisted the help of a web designer to update the current website. As soon as it is available each year, we will have conference registration forms to download, for those of you that need to turn them into your employer early for prepayment.

We have linked to the AAMA website. In addition you will find information on local chapter and state meetings dates, and locations. Also, you will find photos from current and past State and National Conferences, current and historical information regarding the NSMA and its component chapters.

The website continues to be a work in progress, but there is already a lot of valuable information for members and students. We would like our members to feel that this is their website. If you feel that there is information that you would like to see included, please forward comments to the current Web Master: **Michel McKinney, CMA (AAMA)** at mmckinney@cccneb.edu. The website committee and the NSMA will address the information to see if it will serve the members needs.

Have you visited the AAMA's website?

You can now go to the AAMA website and do a change of address. No more phone calls or paper hassles. Keep you information current and you won't miss out on the latest news from your chapter, state or the AAMA.

The site now offers even more useful information for specific visitors like physicians, medical office managers, medical assisting program directors and students.

Improved navigation, greater interactivity and a new design advances the AAMA's website into the 21st century. Now anyone can access important articles published in the *CMA Today*, find out about competitive salaries, and check on how many CEUs you have acquired and when you are due for re-certification. Employers can check if a CMA's credential is current, program directors, state and chapter leaders can visit a special section on the site filled with AAMA-sponsored materials and tools.

The AAMA will be implementing the second phase of the website's enhancement to provide additional benefits, including an e-commerce component. Once this phase is complete, visitors logging on will be able to purchase continuing education materials, professional recognition products and more.

To tour the member's only section, make sure you have your I.D. number. It is the five digit number found on your membership card and on the top line of the mailing label on your *CMA Today*. Log on today and see what you are missing.

Message Board

Updates from the 2012-13 Board of Directors meetings:

- On May 1, 2013, President Stewart, CMA (AAMA), presided over the new year's Board of Directors meeting in North Platte, Nebraska.
 - President Stewart, will continue the standard BOD's meetings in person this year. The summer, fall, winter, and spring meetings will be in held at the Central Community College-Grand Island campus (see page the "State Board Meeting" page for specific dates and times).
 - 2013 was the first year for the Nebraska Society of Medical Assistants (NSMA) scholarship program for students pursuing careers in Medical Assisting. *The first NSMA Scholarship winner was Earl Gohen a student at Metro Community College in Omaha.*
 - Nominations were secured for the 2013 NSMA House of Delegates.
 - There was one nominations for Medical Assistant of the Year for 2013.
 - The 2013-14 NSMA budget was approved.
 - The 2015 conference budget was approved
 - Historical information was collected over the past year and preserved by the Archive committee.
 - The Public Policy Chair continues to work with the AAMA's Executive Director and Legal Counsel, Donald A Balasa, JD, MBA, on legal concerns and questions to protect the Medical Assistant's right to practice in Nebraska.
 - The NSMA will again donate \$50 to each AAMA fund for the 2013 AAMA National Conference: Conference Education, Maxine Williams Scholarship, and Surveyor's Training.
 - The NSMA BOD has elected in lieu of a gift for the AAMA representative that attends our conference each year, a donation will now be made in their name to one of the above-mentioned AAMA funds, alternating between them year year.
 - In October of 2012, various promotions for Medical Assisting week were done in each chapter. In March of 2013, the Marketing Chair mailed to selected medical offices, information about the CMA (AAMA), the upcoming 2013 state conference in North Platte, as well as information on certification, recertification and continuing education.
 - In lieu of purchasing a gift for the incoming 2012 AAMA President, Chris Hollander, CMA-A (AAMA), the NSMA has chosen to make a donation in her honor to either the Maxine Williams or the Surveyors training fund (alternating each year).
 - The NSMA and Glenwood Telephone Membership Corporation (GTMC), the NSMA webhost, continue to work together to update the NSMA web page: www.nsmaonline.com.
 - Birthday cards were sent to the Past Presidents of the NSMA with current addresses and known birthdates.
 - The two AAMA Bylaw proposals that had been previously submitted for the 2010 AAMA House of Delegates and voted down at the time, and sent for reviewed by the AAMA bylaws committee (per our understanding), were brought before the 2012 AAMA HOD for vote. Due to errors in the re-writing of the proposals, the NSMA delegations asked the AAMA HOD to remove them from the ballot. It was voted by the HOD that they be removed and not voted on.
 - Below is a list of the 12 Bylaws Amendments and 2 Resolutions presented at the 56th AAMA HOD: (those adopted reflect current wording)
- ✓ **BYLAWS AMENDMENT 12-01 | ARTICLE III | ORGANIZATIONAL POLICY | Adopted**
o AAMA is hereby declared to be nonprofit. It is not nor shall it ever become a trade union or collective bargaining agency. No person otherwise qualified for membership in AAMA shall be denied membership. No person who participates in the activities of organizations whose purpose is to overthrow the government of the United States shall be a member of AAMA.
- ✓ **BYLAWS AMENDMENT 12-02 | ARTICLE VI | MEMBERSHIP | Withdrawn**
- ✓ **BYLAWS AMENDMENT 12-03 | ARTICLE VI | MEMBERSHIP | Adopted**
o SECTION 2. Qualifications. C. SUSTAINING – Anyone who has been an active or associate member for at least two years who has retired from medical assisting is eligible for sustaining membership. This membership shall be forfeited if not renewed annually.
- ✓ **BYLAWS AMENDMENT 12-04 | ARTICLE VI | MEMBERSHIP | Withdrawn**
- ✓ **BYLAWS AMENDMENT 12-05 | ARTICLE VI | MEMBERSHIP | Not Adopted**
- ✓ **BYLAWS AMENDMENT 12-06 | ARTICLE VII | DUES | Referred by to Bylaws Committee for Clarification**
- ✓ **BYLAWS AMENDMENT 12-07 | ARTICLE VIII | OFFICERS AND TRUSTEES AND THEIR QUALIFICATIONS | Adopted**
o SECTION 3. A candidate for office or trusteeship shall be a CMA (AAMA) holding current status and shall:
A. Be an active or life member whose membership has not been revoked, as delineated in Article VI, Section

4. *(Note Nebraska Delegation voted NO on this definition throughout Bylaws Amendments because it did not adequately define a member “in good standing”.)

- ✓ **BYLAWS AMENDMENT 12-08** | ARTICLE IX | NOMINATIONS AND ELECTIONS | Adopted
 - o SECTION 2. Elections. B. If a state of emergency, as defined by the Board of Trustees, precludes the holding of an annual conference, the Board of Trustees shall supervise and conduct the election either electronically or by U.S. mail in accordance with Article XV, Section 5.
- ✓ **BYLAWS AMENDMENT 12-09** | ARTICLE XIII | BOARDS AND COUNCILS | Adopted
 - o SECTION 4. Judicial Council. A. The Judicial Council shall consist of five past presidents of AAMA whose membership has not been revoked, as delineated in Article VI, Section 4. *
- ✓ **BYLAWS AMENDMENT 12-10** | ARTICLE XIV | COMMITTEES/STRATEGY TEAMS | Adopted
 - o SECTION 2. Committee/strategy teams shall consist of members whose membership has not been revoked, as delineated in Article VI, Section 4 *, in sufficient number to carry out the duties of the committee/strategy team.
- ✓ **BYLAWS AMENDMENT 12-11** | ARTICLE XV | HOUSE OF DELEGATES | Adopted
 - o SECTION 2. The composition of the House of Delegates shall be as follows: C. Each constituent society shall be entitled to two delegates for the first 100 active and associate members or fraction thereof plus one delegate for each additional 400 active and associate members or fraction thereof. 1. Delegates and alternates shall be active or AAMA life members whose membership has not been revoked, as delineated in Article VI, Section 4.*
- ✓ **BYLAWS AMENDMENT 12-12** | ARTICLE VI | HOUSE OF DELEGATES | Not Adopted
- ✓ **RESOLUTION 12-1** | CPR Training and an overview of automated external defibrillations should be required for high school students. | Not Adopted
- ✓ **RESOLUTION 12-2** | Revised Vision Statement | Referred back to BOT for Revision
 - o At the 2013 NSMA HOD-
The 2013-2014 Vice President, Secretary, Vice Speaker, and Treasurer were elected.
Three Delegates and five Alternate Delegates were elected to attend the AAMA National Conference in Atlanta, Georgia on September 27-30 2013.
 - o Grand Island bid for the 2016 NSMA State Conference and it was approved.

Notice to all CMAs (AAMA): Elimination of Current Provider Level CPR Certification

The AAMA Certifying Board has determined that, beginning June 1, 2013, current, provider level CPR certification will not be required for recertification of the CMA (AAMA) credential.

The CPR certification requirement for recertification of the CMA (AAMA) credential began in January 2005. At that, time only a few employers were requiring their employees to be CPR certified. Due to the increasing frequency of medical emergencies in medical offices and clinics, the Certifying Board considered this to be a safety issue and was forward thinking in requiring that CMAs (AAMA) maintain current, provider level CPR certification.

Many, if not most, employers now require current CPR certification. Thus, the Certifying Board believes these safety concerns are being adequately addressed and current, provider level CPR certification is no longer a necessary component for CMA (AAMA) recertification.

All CMAs (AAMA) whose certification will expire by or on May 31, 2013 are still required to provide proof of current, provider level CPR certification for recertification purposes.

New and Recertifying CMAs (AAMA)

Becoming certified is an important part of medical assisting. The NSMA would like to recognize these CMAs (AAMA) so that everyone can be proud that their friends and colleagues have chosen to maintain a high standard of quality and professionalism for the medical assistants everywhere.

The following names are provided to us by the AAMA from exams results already verified this year. Once in a while, we get a list that may miss a name and we do apologize for not listing you, but know that we are proud of each and every one of you for taking the time to certify or recertify your AAMA credentials.

Note: Remember to add (AAMA) after your CMA credential. This shows the credentialing entity you are certified with.

Congratulations from the Nebraska Society of Medical Assistants



Newly Certified Medical Assistants (AAMA) NSMA members within the last year were honored during the Awards Luncheon at the 2013 State Conference



NSMA CMA (AAMA) members that recertified in the last year were honored during the Awards Luncheon at the 2013 State Conference

Certified

12-2-12 to 2-1-13

Alexa C Hoffman, CMA (AAMA)

Utica NE

Brynn Marie Christensen, CMA (AAMA)

Lincoln NE

Lizzet Alejandra Gonzalez, CMA (AAMA)

Omaha NE

Makayla Paige Kenter, CMA (AAMA)

Nebraska City NE

Mayra Alejandra Castro, CMA (AAMA)

Fremont NE

Ondreasa Rashell Andrews, CMA (AAMA)

Omaha NE

Recertificants

12-2-12 to 2-1-13

Amanda Renee Vashon, CMA (AAMA)

La Vista NE

Christina L Bouman, CMA (AAMA)

Lincoln NE

Demetria Renee Benson, CMA (AAMA)

Omaha NE

Denise K Arnold, CMA (AAMA)

Lincoln NE

Holly L Mace, CMA (AAMA)

Grand Island NE

Jeri L Holt, CMA (AAMA)

Fremont NE

Lisa R Antczak-Micek, CMA (AAMA)

Waco NE

Luella Sue Lambert, CMA (AAMA)

Blair NE

Mary D. Gartin, CMA (AAMA)

Bennington NE

Melvia Yvette King, CMA (AAMA)

Bellevue NE

Pamela Sue Morgan, CMA (AAMA), LRT

Omaha NE

Renae Diane Smyth, CMA (AAMA)

Omaha NE

Rosie L. Richard, CMA (AAMA)

Omaha NE

Mentoring

Hello,

As the Mentor Committee Chair of the Nebraska Society of Medical Assistants (NSMA), I would like to invite you to join me as an active member of our society. As a tradition, we recruit members to support the values and principles that we have established in our professional society, and now is the time that we need more volunteers to be active in our society. I am not asking anyone to be put in a position that they may not be comfortable with; as there are many levels of participation in our society. In conjunction, many long-time members are willing to walk you through the appropriate steps so you feel confident about working on a committee and becoming involved.

It takes a lot to keep an organization such as the NSMA in good standing and active on all levels. Many good, active members work hard to serve and protect the Certified Medical Assistant's rights to practice, and together we can all contribute to this. In addition, a lot of time and effort by the hosting chapter goes in to putting on the yearly state conference, which benefits all members who attend, along with their employer and the patients they care.

It takes just a few minutes to become familiar with our organization by talking to an active member, reviewing our website www.nsmaonline.org, or by read the NSMA Med-A-Gram. The Med-A-Gram is our bi-annual publication, which includes the NSMA By-laws and Standing Rules, chapter information, the state conference registration and much more.

All I am requesting is for any member, who would like to become more involved, or just ask a general question, to contact me at the information provided below and I will help to put you in contact with the appropriate member or committee.

Thank you,

Leigh Perez, CMA (AAMA)
NSMA Mentor Committee Chair
vieja799@aol.com
402.289.3472

NSMA Members We Need You

Requesting assistance from the Certified Medical Assistants (AAMA) in Nebraska!

Please do your part in supporting our membership. We are calling for members to get active in their Local Chapters and on the State level. If you know a Certified Medical Assistant (AAMA) that is not a member, encourage them to become member by explaining to them what the NSMA is all about and the benefits of joining. We challenge every Certified Medical Assistant to become a mentor to all members. Here are a few ideas to help with your mentoring.

1. Bring one new member to the next meeting and have them bring a question.
 - a) Be a big sister or brother to a one new member.
 - b) Pick them up and drive them to the meeting.
 - c) Make a phone call to them personally the day of the meeting, to remind them.
 - d) Make plans to go out to dinner before going to the meeting.
2. Look around their place of employment for an area you can hang up membership information.
3. Speaking about what a Medical Assistant does at your local high school on Career Day.

We would love to hear your thoughts and ideas on how you get your fellow CMA (AAMA)s involved. Please send them to me at the info below.

Janet Ueding CMA (AAMA), LRT
NSMA MEMBERSHIP CHAIR

Prospective Member Form

From: _____

Please contact and/or mail information regarding AAMA and NSMA membership to:

Name: _____

Address: _____

Phone: _____

Return form to the Membership Committee:

Janet Ueding, CMA (AAMA), LRT

NSMA MEMBERSHIP CHAIR

909 L Street

Tekamah, NE 68061

402.808.4190

ueding48@yahoo.com



NSMA VOLUNTEER LEADERSHIP

Make a Difference!

Help shape the future of your profession.

Join the NSMA volunteer leadership team.

Both new and experienced members are welcome.

- **Archive** ~ Collect and record the history of NSMA.
- **Awards** ~ Coordinate contests and present awards at the state conference.
- **Budget & Finance** ~ Help prepare the budget for NSMA.
- **By-Laws** ~ Study national state and chapter bylaws to make recommendations. Use Roberts Rules of Order.
- **Certification** ~ Promote the CMA (AAMA) exam and welcome new CMA (AAMA)s at the state and chapter level.
- **Documents** ~ Keep NSMA documents updated for members use.
- **Editorial** ~ Collect and organize NSMA news for the Med-A-Gram and NSMA webpage, www.nsmaonline.org.
- **Education** ~ Suggest topics for CEU sessions and request AAMA approval.
- **Liaison** ~ Promote and partner with NSMA and state medical assisting education centers.
- **Marketing** ~ Promote the CMA (AAMA) credential locally, statewide and nationally.
- **Membership** ~ Encourage students, new graduates and non-renewing members to join local chapters, NSMA and AAMA.
- **Mentor** ~ Build CMA (AAMA) friendships and promote CMA (AAMA) leaders.
- **Public Policy** ~ Protect the CMA (AAMA)'s right to practice and keep members updated on legislative issues.

NEBRASKA | Society of
Medical Assistants

 AN AFFILIATE OF THE
AMERICAN ASSOCIATION OF MEDICAL ASSISTANTS

Janet Ueding, CMA (AAMA), LRT
NSMA MEMBERSHIP CHAIR
909 L Street
Tekamah, NE 68061
402.808.4190
ueding48@yahoo.com

For a detailed description of positions, visit www.nsmaonline.org
PRINT the information below and send to Janet Ueding, CMA (AAMA), LRT

Name and Credentials

Position I'd like more information on

Chapter

Preferred mailing address

Phone

Email address

**"I want to be a
medical assistant**

MEDICAL ASSISTING STUDENT VIDEO & ESSAY COMPETITION because..."

What made you want to become a medical assistant? Interest in the medical field? A desire to help others? Tell us!

Produce a short video or write an essay titled "I want to be a medical assistant because..." and send it in.

Your entry could win \$500!

(Sponsored by textbook publisher F.A. Davis.)

Your audience: Potential medical assisting students. Who better to tell them about entering the medical assisting profession than you!

Your pitch: Your story should inspire others to consider the profession and aspire to achieve the CMA (AAMA) credential.

Your judges: The AAMA Communications and Marketing Department

Your deadline: July 1, 2014

How to get started: Think about what you would say to a friend or an acquaintance to encourage them in pursuing medical assisting as a profession. Why did you choose it as your career path? Then, think about what you would tell this person about going after that CMA (AAMA) credential. What kind of professional edge does the credential provide?

Eligibility: You are eligible to enter if you enrolled in and have completed at least one quarter or semester at a postsecondary medical assisting program accredited by the Commission on Accreditation of Allied Health Education Programs (CAAHEP).

Submission requirements

Essay

- Send as an attachment via e-mail to communications@aama-ntl.org (Include the information from the form below in your e-mail message.)
- Length: 400–500 words
- Save in Microsoft Word .doc or .docx format

Video

- Must be submitted as a video file (.avi, .mpeg, .wmv, .mp4, .mov) on DVD (3 copies required)
- Length: 3-minute maximum
- No limit on number of actors in video

Judging criteria

- Essay entries will be judged based on writing quality, content, and overall effectiveness.
- Video entries will be judged on quality of production, content, and overall effectiveness.

Entries that do not meet all the submission requirements will automatically be disqualified. All entries become the property of the AAMA and will not be returned.

Essay entry: See submission requirements above.

Video entry: Fill out this form, detach it, and mail it by **July 1, 2014** with your entry to the AAMA.

Full name: _____

Academic institution address: _____

Address: _____

Academic institution city/state/ZIP: _____

City/state/ZIP: _____

Educator's name: _____

Daytime phone number: _____

E-mail address: _____

The academic institution name of your medical assisting program: _____



AMERICAN ASSOCIATION
OF MEDICAL ASSISTANTS
20 N. WACKER DR., STE. 1575
CHICAGO, ILLINOIS 60606

website: www.aama-ntl.org 800/228-2262

***Announcing the
NSMA Medical Assisting Scholarship Program***



The 2013 NSMA Scholarship recipient was Earl Gohen, a student at Metro Community College in Omaha.

SCHOLARSHIP ELIGIBILITY:

- Currently enrolled in a CAAHEP accredited medical assisting program
- Cumulative GPA of 3.0 or above in core medical assisting courses
- Completed application must be submitted by established deadline

AWARD CRITERIA:

- Personal statement of professional goals
- Academic ranking
- References
- Clarity of application
- Contact your CAAHEP medical assisting school Program Director for more details and a current application or contact the NSMA Award Committee Chair Andrea Tiarks, CMA (AAMA), at andy4461@aol.com or mail her at 617 Arnold Avenue, Council Bluffs, IA, 51503-5150, phone: 712-325-1669

*Registration will close each year on January 15th. Qualified candidates will be eligible for one of the two (2) \$250 scholarships awarded annually. Winners will be notified by the Awards Chair and announced at the annual state NSMA Conference. Winner(s) must submit an electronic photo upon being notified of winning to be used for promotional purposes by the NSMA organization.

Moving or know a member that did not receive their Med-A-Gram?

Please send address information to: Carol Muske, CMA (AAMA)
Editorial Committee
745 N Denver
Hastings, NE 68901
Fax (402) 460-2138

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

E-mail address: _____

Old address: _____



WE COULD USE YOUR HELP

In an effort to keep our records current, we would ask that you glance at your name listed under your chapter. If you are moving or changed residence or occupation, would you please send us the updated information? Also, if anyone knows updated addresses from the Past Presidents list, we would appreciate notification on this also. Send info to the above address.

Thank You,
The NSMA

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

E-mail address: _____

Old address: _____

For Your Information



Creating a Disaster Plan

The first step to developing an emergency household disaster plan is to learn about the natural disasters that could occur in your community.

- ✓ You can check with the local Red Cross or the local emergency management office to learn about possible consequences of deliberate acts of terror or from hazardous material that may be produced, stored, or transported near your area. You can also check with the Federal Emergency Management Agency in Washington D.C.
- ✓ Check with employers and local school officials about their emergency response plans.
- ✓ Have a family discussion about potential emergencies that could happen to your family. Discuss and devise a plan on how you would respond to each situation and how to evacuate during each situation.
- ✓ Devise a plan on how to stay in contact if you are separated. Pinpoint at least two, perhaps three meeting places. The first should be near your home in case of fire, perhaps a tree or neighbor's yard, the second and third should be away from your neighborhood in case you cannot return home.
- ✓ Pick a friend or relative who lives out of the area for household members to call to say they are okay.
- ✓ Make a floor plan of your home; draw at least two escape routes from each room. For upstairs rooms, make sure to purchase escape ladder for each area to use and have all family members practice using them.
- ✓ If safe-make sure all family members knows how and when to shut off water, gas, and electricity at the main switch. Consult your local utilities office if you have questions.
- ✓ Sign up family members for first aid and CPR courses.
- ✓ Make arrangement for pets as pets are not allowed in public shelters, unless they service animals for a family member.

Create an Emergency Supply Kit

- ✓ Assembling the supplies you might need is an important part of your disaster planning. In one or two containers you can carry, store enough supplies to survive for three+ days (it may be weeks in some circumstances). Water is the first staple, then use airtight plastic bags to store, food, clothing and emergency supplies, i.e. first aid supplies, medications or other specifics items that your family may require.
- ✓ Recycle an older duffel bag, backpack, trashcan, or chose on of a specific colored bag for the emergency to store your supplies together, and update your supplies six months so they are fresh. Make sure to write the dates on items and rethink the family's needs each year.
- ✓ Keep these bags in a designated place to be ready to "grab and go" in case you need to leave your home quickly because of a flood or major disaster. Make sure all family members know where the kit is kept.
- ✓ Keep an emergency kit at work and in your cars.



Your car kit should include food, water, flares, jumper cables, a couple emergency thermal blankets, first aid supplies, and seasonal supplies. Beef jerky and trail mix work well as a food staple that stores well and provides a good source of protein for energy.



Reduce the economic impact of disaster on your property and your family's health and financial well-being by taking the following steps.

- ✓ Before a disaster strikes, check your insurance policies. Make sure your policies are current and be certain they meet your needs- type of coverage, amount of coverage, especially if you have done updates to your home. Make sure your policy covers hazards such as floods, hurricanes and earthquakes (even if they do not typically happen in your area).
- ✓ Before a disaster occurs, safeguard your financial well-being by reviewing your life insurance policy and start an emergency saving account that can be used in a crisis. While keeping cash available at home is not always wise, consider keeping a type of debit/credit card that can be pre-loaded with emergency cash in a safe place where you can gain quick access in case of evacuation or if the electricity is out and banks and ATMs are down.

- ✓ Review health insurance policies to make sure they are current and meet your family's needs. Check to see if there are specific procedures you need to follow in a disaster and your family is unable to seek medical needs from your regular providers.

Lastly make sure to work out a plan with your neighbors to check on each other during an emergency situation.

First aid supplies

- ✓ Cleansing agents - isopropyl alcohol, hydrogen peroxide, soap, germicide
- ✓ First aid manual
- ✓ Sunscreen
- ✓ Scissors
- ✓ Tweezers
- ✓ Cotton balls
- ✓ Non-latex gloves
- ✓ Assorted sizes of safety pins
- ✓ Antiseptic and antibiotic ointments
- ✓ Petroleum jelly or other lubricants
- ✓ 2-inch and 4 inch sterile gauze pads
- ✓ 2-inch and 3-inch sterile roller bandages
- ✓ Aspirin and non-aspirin pain relievers
- ✓ Antidiarrhea medication
- ✓ Antacids for stomach upset
- ✓ Syrup of ipecac (to induce vomiting if by poison control)
- ✓ Sterile adhesive bandages in asst. sizes
- ✓ Needle/surgical thread
- ✓ Triangle shaped bandages
- ✓ Moistened toweletts
- ✓ Tongue depressors
- ✓ Vitamins

**VISIT THE
AAMA WEBSITE
www.aama-ntl.org
OR CALL
1-800-228-2262**



What is the Nebraska Society of Medical Assistants?

Nebraska was represented at the first meeting held in Kansas City, Kansas to form a National Organization back in May of 1955. It was in 1963 that Nebraska qualified for its State Charter. In 1965, Nebraska presented its first educational symposium held in Lincoln. The first CMA certification exam in Nebraska was given in June of 1965.

From the beginning, there was a need, there was interest and there was constant motivation and support. Our founding drive has not changed. Fifty years later, Medical Assisting is now expected to increase by 31% throughout the year 2020.

Our members have learned how an exchange of professional ideas can broaden the scope and effectiveness of all Medical Assistants. As a member, you will make new friends and enjoy affiliation with colleagues as you share in the opportunity to advance your career goals.

NSMA has formulated a Strategic Plan to assure recognition and success. We have identified our goals and are striving to achieve our objectives. YOU are part of that overall plan! Your involvement will make a positive difference.

The Nebraska Medical Association and many County Medical Societies support and endorse the goals and objectives of the NSMA. Physicians in the communities where we work serve on our Physician Advisory Board.

Each spring, NSMA sponsors a two day State Conference. This educational weekend is held in various locations throughout the state. At this meeting, the House of Delegates assembles which provides the democratic forum to define the policies governing our Society. The election and formal instillation of Officers takes place, as well as entertaining social functions. The "Medical Assistant of the Year" honor is also awarded. This award acknowledges the special accomplishments of an outstanding member.

All members are welcome and encouraged to attend the NSMA Board Meetings. Experience the happenings behind the scenes. Familiarize yourself with the Board of Directors and the activities of the Standing Committees. Explore the many volunteer opportunities that are available for your special talents. These business meetings are usually scheduled in August, October, January, and March, with the pre and post scheduled during the state conference.

NSMA has five local chapters throughout the State. Most chapters hold regular business meetings and offer AAMA approved programs for continuing education units. Perhaps there could be enough interest in your area to form your own chapter!

The History of the Nebraska Society of Medical Assistants, Inc.

In May 1955, a steering committee of seven women met at the Paxton Hotel in Omaha at which time the constitution, bylaws were drawn up, and the organization was officially established under the approval of the Douglas County Medical Society. The Omaha Chapter remained the only chapter in Nebraska functioning at both the local and state levels. On October 11, 1963, Nebraska received their State Charter at the AAMA Convention.

In April 1966, Omaha hosted the first state meeting for interested medical assistants from other cities and towns in Nebraska. A steering committee agreed to propose the necessary changes in the constitution and bylaws to provide eligibility to medical assistants from neighboring areas, not only to join as associate members until a component chapter in their locale was organized, but also to allow them to be an associate member-at-large with the right to vote, hold office and chair a committee.

At the NAMA convention in Omaha, May 1967, Madison Six County and Lincoln received their charters. The Madison Six County Chapter changed their name to the Northeast Nebraska Chapter in March 1976. This chapter dissolved in January 1983.

In May 1971, the Grand Island Chapter received their charter. In 1975, a chapter was issued to Scottsbluff-Gering Chapter but they dissolved in February 1980.

In 1982, three chapters were given their charters. They were Great Plains, Kearney Area and Hastings. The Hastings Chapter became inactive but reorganized in December 1989. The Kearney Area Chapter dissolved in April of 1986.

The Norfolk Chapter received their charter in 1988. Fremont was chartered in 1989, and dissolved in 2005.

As of 1993, we have the following active chapters: Grand Island, Great Plains, Hastings, Lincoln, Norfolk and Omaha.

The first medical assistant certification examination in Nebraska was given in June 1966 at Omaha University (now the University of Nebraska at Omaha). Erna Goode, CMA, of the Omaha Chapter became the first medical assistant in Nebraska to receive her certification credential. Bonnie Ahrens, CMA-ACP, of Lincoln was the first to receive her certification plus the specialty of Administration, Clinical and Pediatric. The specialty credentials are no longer offered. The Certification Committee was created at the 1979 House of Delegates.

The first state publication, simply called the "Bulletin", was distributed in February 1971, under the direction of Barbara McMullen, President. In 1978, the decision was made to restart the state newsletter with five publications per year. Ginny Rozmiarek, CMA-C, was the Publication Chairman. A statewide contest was held to name the newsletter and the Grand Island Chapter won with the name "NAMA-Gram". This was later changed to the Nebraska MED-A-GRAM in December 1985.

Membership enrollment has fluctuated throughout the years ranging from less than 100 to near 300. In 1975, Nebraska won two AAMA Membership Awards. First place was awarded for percentage of increase and second place for numerical increase.

Tax-free exemption status was obtained in September 1978. In December 1984, the Article of Incorporation was drawn up for our organization spearheaded by Peggy Gilbert, CMA. In December 1985, the official name was changed from the Nebraska Association of Medical Assistants (NAMA) to the Nebraska Society of Medical Assistants, Inc. (NSMA) to comply with the mandate from AAMA.

From conception, the major purpose of this organization has been to provide continuing education for its members. To this end, we have organized and sponsored innumerable seminars and annual conventions. AAMA chose Omaha to host the 1987 Regional Conference as part of their Strategic Plan.

In the mid 1980s, legislative issues took on new major concerns dealing with OSHA guidelines, public safety, clinical laboratory improvement amendments (CLIA), radiology training requirements, blood borne pathogens, and the CMAs right to practice. Members are kept abreast of these topics by the organization.

In 1978, the U.S. Department of Health, Education and Welfare formally recognized medical assisting as an allied health profession. This ruling was a direct result of a concentrated campaign by AAMA and initiated the drive for certification revalidation. The Bureau of Labor Statistics has listed medical assistants as one of the continued, fasted growing occupation.

Nebraska's Norma Parker, CMA (AAMA) was elected AAMA President in 1999. In 2001, Omaha hosted a Regional Conference. In 2007, NSMA launched its website, www.nsmaonline.org, and in August of 2009, President Hipke-Muske, CMA (AAMA) initiated and presided over the first webinar NSMA Board of Directors meeting. The first NSMA Medical Assisting Scholarship for CAAHEP students was unveiled that the 2012 State Conference.

NSMA Conference Grant Application

In an effort to reward active membership in the Nebraska Society of Medical Assistants, the Board of Directors has established the NSMA Convention Grant Program. One Grant will be offered annually, paying the full registration fee (non-transferable) to the next NSMA Annual Conference for the lucky winner.

APPLICANT CRITERIA:

Requirements:

1. A current dues paid CMA (AAMA) and a member of the NSMA in good standing for a minimum of two consecutive years.
2. Must presently or in the past, held an active - officer position or committee chair at the Chapter level and served as an active - officer position or committee chair at the State level to be eligible.
3. Applicant must submit the completed the grant application form. A copy of their professional curriculum vitae, listing offices and committee positions held on both the local and state levels, and any other optional documents, i.e. letters of recommendation from peers, details of special projects, and specific contributions to the organizations that may assist the judges in evaluating the application by the established deadline. Only qualified candidates will be considered.

Winner will be notified as soon as possible after the announcement at the Spring BOD meeting.

Eligibility is limited to one grant award every five years for any one member.

An appointed panel of judges will select the winner, from the information provided in your application. Judges are the President, Vice President, Immediate Past President and the Awards chair.

Contact the current Awards Committee Chair with any questions or for more information.



Name: _____

Address: _____

Social Security Number: _____ AAMA Member Since: _____

Phone:(H) _____ (W) _____

Membership Status: _____ Chapter Affiliation: _____

Application must be received by December 31st of each year.

Send completed applications and supporting documentation
to the NSMA Awards Chair.

Please go to www.nsmaonline.org
or check your current fall Med-A-Gram
for the current Awards Chair address.

NSMA Membership Recruitment Contest

This program is sponsored by the Membership committee. The contest winner will receive a \$25.00 voucher (non-transferable) to be applied towards the next NSMA annual conference registration fee.

- 1) Upon completion and verification of the proper entry form, recruiters name will be placed in a drawing for each new member recruited for the year.
- 2) A new member is defined as an active, associate or affiliated member who is new to AAMA or non-renewing for the previous two years.
- 3) The recruited member must have their dues paid in full to the AAMA office by December 31st of each year.
- 4) In February of each year, the Membership Chair will verify that each recruited member entered qualifies under the guidelines established.
- 5) The drawing will be held at the spring BOD meeting and the winner contacted as soon as possible.
- 6) The winner will be acknowledged and introduced at the awards ceremony held during the annual NSMA conference.
- 7) The current Membership chair and Membership committee members are not eligible.

Submit this form for each member recruited to the current NSMA Membership chair:

Janet Ueding, CMA (AAMA), LRT
NSMA MEMBERSHIP CHAIR
909 L Street
Tekamah, NE 68061
402.808.4190
ueding48@yahoo.com



Membership Recruitment Contest Entry Form

Members Name: _____

Chapter: _____

Name of recruited member & chapter: _____

New members' dues must be paid in full to the AAMA office by December 31st of each year. The AAMA Membership roster will be reviewed each February, and the drawing will be conducted at the spring NSMA BOD meeting and the winner will be notified as soon as possible.

NSMA Conference, Installation of Officers and Awards Luncheon

NSMA Conference



Pre-conference Board Meeting



Attendees of the 2013 NSMA Conference



Attendees of the 2013 NSMA Conference



Loxie Kistler, EdD, RN, CMA (AAMA), meets and updates NSMA members on changes happening at the AAMA this past year.

Awards Luncheon



NSMA Awards Luncheon Attendees



NSMA Awards Luncheon Attendees



NSMA Awards Luncheon Attendees



NSMA Awards Luncheon Attendees



Attendees of the 2013 NSMA Conference



Newly Certified Medical Assistants (AAMA) that certified in the last year were recognized at the 2013 NSMA Conference



NSMA CMA (AAMA) members that recertified within the last year were recognized at the 2013 NSMA Conference



Honored at the Luncheon ~ Tracy Bednar, CMA (AAMA) presents Laura Blankenship, CMA-C (AAMA) with a memento album from members. Laura is retiring from the NSMA after 35 years of service to the organization.



Laura enjoys some of the well wishes members wrote to her.

Installation of Officers



Jody Botsch installs the newly elected 2013-2014 NSMA Officers



Outgoing President Lori Kounovsky, CMA (AAMA), presents the incoming President, Andrea Stewart, CMA (AAMA) with the NSMA President's pin



2013-14 NSMA President Stewart gives her acceptance speech



The 2013-14 elected NSMA Officers: R-L~ President Andy Stewart, CMA (AAMA), Vice President Debra Potratz, CMA (AAMA), Secretary Terrie King, CMA (AAMA), Treasurer Linda Allensworth, CMA (AAMA), CPC, Speaker of the House Tracy Bednar, CMA (AAMA), LRT, Vice Speaker of the House Leigh Perez, CMA (AAMA), Immediate Past President Lori Kounovsky, CMA (AAMA)

House of Delegates



Credentials Committee: Chair- Jan Frederick, CMA (AAMA), and Jamie Halsey, CMA (AAMA), Omaha Chapter



Timekeeper: Leigh Perez, CMA (AAMA), CMA (AAMA), Omaha Chapter



Minute Takers: NSMA Secretary, Terri King, CMA (AAMA), Omaha Chapter; and Holly Mace, CMA (AAMA), Grand Island Chapter



Tellers: Mimi Duong, CMA (AAMA), Lincoln Chapter; Andrea Tiarks, CMA (AAMA), Omaha Chapter; Jody Botsch, CMA (AAMA), Omaha Chapter.



Lincoln Chapter Delegates: Liza Masters, CMA (AAMA), Ashley Helms, CMA (AAMA), Jennifer Kocian, CMA (AAMA), and Jennifer Kocian, CMA (AAMA)



Omaha Chapter Delegates: Megan Rogers, CMA (AAMA), Nicole Dvorak, CMA (AAMA), and Laura Blankenship, CMA-C (AAMA)



Grand Island Delegates: Chapter: Lisa Hoffman, CMA (AAMA), and Debra Potratz CMA (AAMA).



Hastings Chapter Delegate: Carol Muske, CMA (AAMA)

Past State Presidents at Conference



Past State Presidents Attending the 2013 NSMA Conference

F) Linda Allensworth, CMA (AAMA), CPC,), Debra Potratz, CMA (AAMA), Lori Kounovsky, CMA (AAMA), Laura Blankenship, CMA-C (AAMA), Andrea Stewart, CMA (AAMA), Carol Hipke-Muske, CMA (AAMA), Janet Ueding, CMA (AAMA), LRT, Janis Frederick, CMA (AAMA), Michel McKinney, CMA (AAMA),

Medical Assistant of the Year



Laura Blankenship, CMA-C (AAMA)
2013 Medical Assistant of the Year

Laura Blankenship, CMA-C (AAMA) was nominated for Medical Assistant of the Year by the Grand Island Chapter. Laura has served on the NSMA Board for 35 years, severing as the Chair of Public Affairs Committee. She has served as the Omaha Chapter Vice President, and Chair of the Public Affair and Certifying committees.

When asked why she chose to Chair the Public Affairs Committee, she commented that the committee was in its infancy stage so she took it and ran with it. Soon she found the committee to be her niche in that she felt privileged to work on legislative issues for the medical assistants' right to practice in Nebraska. In addition, she found reward in the committee by being able to provide education and knowledge to the healthcare community on what a medical assistant can do in a medical office.

Upon receiving the award of Medical Assistant of the Year, Laura stated that, "Receiving it was an honor in that it was not only me receiving it, but I was accepting it for the entire Nebraska Society of Medical Assistants because we all have work hard collectively to make the organization and Medical Assisting what it is today."

The following are excerpts from the Grand Island Chapter nomination letter and Donald A. Balasa, JD, MBA, Executive Director and Legal Counsel of the American Association of Medical Assistants, who has worked closely with Laura over the years protecting the Medical Assistant's right to practice in Nebraska.

Laura represents everything an outstanding Medical Assistant should be. Her professionalism is outstanding. Understanding and following legislation in regards to the (our) health profession is very important, and Laura does a great job in doing this and getting the information back to the society. She has always been there to answer any question you might have in regards to legislation that affects Medical Assistants. If she does not know the answer, she will direct you to where to who can assist you to get the answers you were looking for. She always does this with such a pleasant attitude and professional manner. Her years of service speak volumes to what she has done for the Nebraska State Society. ~ The Grand Island Chapter

It has been my privilege working with you for many years on public policy and legislative issues. Your professionalism is impeccable, and the vigilance and determination you have shown in protecting the medical assistants' right to practice, and in explaining and promoting the superiority of the CMA (AAMA) credential, has set the standard for all public policy leaders on the state and AAMA levels. ~ Donald A. Balasa, JD, MBA

Past Medical Assistants of the Year

<u>YEAR</u>	<u>NAME</u>	<u>CHAPTER</u>
1980	Lorraine Wilbur, RN	Lincoln
1981	Bonnie Ahrens, CMA-AC (AAMA)	Lincoln
1982	Jeanne Houston, LPN, CMA (AAMA)	Omaha
1983	Peggy (Gilbert) Brown, CMA (AAMA)	Lincoln
1984	Norma Parker, CMA (AAMA)	Omaha
1985	Marie Madison	Grand Island
1986	Virginia Rozmiarek, CMA-C (AAMA)	Omaha
1987	Elaine (Arps) Hunacek, CMA (AAMA)	Omaha
1988	Delores M. Yosten	Grand Island
1989	Edith Thomsen, CMA-A (AAMA)	Kearney Area
1990	Chris Graff, LPN	Lincoln
1991	Minnie Briggs, RN	Omaha
1992	Peggy (Gilbert) Brown, CMA (AAMA)	Lincoln
1993	none	
1994	Laura Blankenship, CMA-C (AAMA)	Omaha
1995	Mary (Wolfe) Brown, CMA (AAMA)	Omaha
1996	Patty Hafer, CMA (AAMA)	Great Plains
1997	Debby Gross, CMA (AAMA)	Norfolk
1998	Tammy Siedband, CMA (AAMA)	Lincoln
1999	Deb Potratz, CMA (AAMA)	Grand Island
2000	Candace (Rhoades) Coffman, CMA (AAMA)	Lincoln
2001	Janis Frederick, CMA (AAMA)	Omaha
2002	Linda Allensworth, CMA, CPC (AAMA)	Omaha
2003	Andrea Stewart, CMA (AAMA)	Great Plains
2004	Carol Hipke-Muske, CMA (AAMA)	Hastings
2005	Michel McKinney, CMA (AAMA)	Hastings
2006	Andrea Tjarks, CMA (AAMA)	Omaha
2007	Lori Kounovsky, CMA (AAMA)	Norfolk
2008	Tracy Bednar, CMA (AAMA) LRT	Omaha
2009	Janet Ueding, CMA (AAMA) LRT	Omaha
2010	none	
2011	none	
2012	none	

MEDICAL ASSISTANT OF THE YEAR AWARD GUIDELINES

Many of our members have given much of their time and talent to make our organization what it is today. The Medical Assistant of the Year Award acknowledged their accomplishments.

Each Chapter is asked to select nominees and submit a letter of endorsement with each nomination.

The nominee must meet the following requirements:

1. AAMA member in good standing.
2. AAMA member for at least three years.
3. Served as an active - officer and/or committee chair at the Local and State or National level of AAMA.
4. Made specific outstanding contributions to NSMA over and above the usual duties associated with being an officer or committee chair.
5. Can only be nominated once every 10 years.

Other guidelines:

1. The current State President is not an eligible candidate
2. If nominated, the physician employer must verify in writing the medical assistant's attributes.
3. The nominee must furnish a current curriculum vitae to the committee.

The final selection is made by an impartial panel of judges consisting of:

1. The three State Medical Advisors
2. The Executive Secretary of the Nebraska Medical Association
3. The Executive Secretary of a County Medical Society.

If an employee of a physician advisor is nominated, the physician will be disqualified as a judge. Another physician will be selected by the Awards Committee.

The Medical Assistant of the Year will be announced each year at the NSMA State Conference.

Member-at-Large Contest

To all Nebraska Society Members-at-Large

In an effort to ensure that the Nebraska Society of Medical Assistants Member-at-Large are represented at the annual state House of Delegates, the State Society has developed a pilot incentive program. Complete the entry form below and return to the current NSMA Membership Chair by March 1, of each year. Upon receipt of your completed entry form, your name will be entered into a drawing for a free NSMA annual conference registration for that year. To qualify, you must be a member in good standing, meaning your AAMA dues have to have been received at the AAMA office by December 31st, of the previous year.

You must meet the guidelines for the member-at-large membership category:

- Live or work 60 (sixty) miles outside the nearest functioning Chapter.
- Must be available to attend the next NSMA annual conference in its entirety

The duties of the winner of the free conference registration will include:

- Serve as a member-at-large Delegate at the Nebraska Society of Medical Assistants' House of Delegates (See the NSMA Bylaws section regarding Delegates to the House.)
- Serve as a committee chair or member on the Board of Directors the following year.

- Maintain communication with the other members-at-large and see that they are kept informed of meeting highlights and other pertinent information throughout the year.

The NSMA is hopeful that this offering will inspire all members-at-large to be involved. Just complete the bottom portion of this announcement and see if you are the lucky winner. The drawing will be at the spring NSMA BOD meeting and the winner will be notified immediately. This award is non-transferable and only good for the year awarded.

To all Nebraska Society Members-at-Large: Member-At-Large Conference Delegate Entry Form

Name/Credentials _____

Address _____ City _____

Home Phone _____ Work Phone _____ Alternate Phone _____

Employer _____

E-mail Address _____

AAMA Member ID # _____

Applications are also available on-line.

Return Completed Form (by March 1st of each year) to the NSMA Membership Chair.

Check you fall Med-A-Gram or go online to nsmaonline.org for the current Membership chair.